



New Jersey East Coast Greenway

Multi-use Trail Guide



New Jersey Department of Transportation



U.S. Department of Transportation
Federal Highway Administration

Welcome to the East Coast Greenway!

The East Coast Greenway (ECG) is a 3,000 mile trail system linking 25 major cities from Maine to Florida. As a pathway to health and adventure for non-motorized travelers including walkers, cyclists, skiers, skaters, equestrians, and wheelchair users, it links together publicly owned, firm-surface trails.

For the 30 million Americans who live near the route and for millions of visitors, the ECG is emerging as a safe, traffic-free route for exercise, recreation, transportation and tourism.

The East Coast Greenway Alliance (ECGA) in Wakefield, RI spearheads the project. With its partners at the local, state, and national levels, the ECGA is creating a legacy for America.



The East Coast Greenway in New Jersey

In New Jersey, the ECG runs 78 miles between Pennsylvania and New York, passing through major urban areas – Trenton, Princeton, New Brunswick, Newark, and Jersey City – as well as rural and suburban communities.

New Jersey has made great strides to locate the ECG off-road and, with more than half of its route now completed as off-road trails, the state distinguishes itself nationwide as a leader in that category. These trails include the 35-mile D&R Canal State Park from Trenton to New Brunswick. New Jersey's remaining 47 percent is still on road for now, of which about 16 percent is in development to become off-road over the next few years. The ECG through New Jersey generally follows rivers, providing a relatively level alignment without major steep grades.

This guide allows users to easily follow the current travel route of the ECG across New Jersey. The directions include turn-by-turn details to travel the ECG in either direction. The maps display both the current route and any locations where the long-term proposed route diverges.

East Coast Greenway New Jersey

Trenton to NYC - 78 Miles

Alt Route to G.W. Bridge - 93 Miles



George Washington
(G.W.) Bridge

New York, NY



About this guide

The New Jersey Department of Transportation (NJDOT) has published this guide with assistance from the East Coast Greenway Association to help ECG travelers plan a safe and enjoyable trip.

Route Conditions

Although every attempt has been made to select paths and roadway segments that can provide quality walking and bicycling experiences, some route segments may have adverse conditions, for example, deteriorating pavements. Newly-resurfaced roadways, and new developments lead to increased traffic. The route's conditions listed were effective at this printing.

The goal of the ECG is to be entirely off-road and open to all non-motorized users, but much of the route is still on road and conditions are not appropriate for all uses. Some of the on-road portions are suitable only for experienced cyclists, and some of the off-road segments are unpaved and less comfortable for narrow tire bicyclists. Equestrians are permitted on certain off-road trails where noted.

Route Navigation

As the Greenway grows, the East Coast Greenway Alliance is placing wayfinding signage along the route to help travelers. Look for the blue and green ECG signs.

Over time, this route will change as more off-road trails are built. Check www.greenwaynj.org for updates.

Contact us

Your comments will be useful in updating or revising this route.

E-mail:

Bicycle.advocate@dot.state.nj.us
or info@greenway.org



Safety Tips

Be aware of traffic patterns

Plan trips to avoid peak traffic hours.

Obey the rules of the road

In New Jersey, a bicyclist has the same rights and responsibilities as a motor vehicle driver.

Cyclists must:

- Keep right.

- Ride with traffic, not against it.

- Obey all traffic signs and signals.

Use signals

Show your intention clearly before turning and changing lanes.

Always wear your helmet

All bicyclists 17 years old and under must wear an approved helmet. It's the law in New Jersey.

Share the road/trail

Be aware of and respect the rights and safety of other road and trail users.

Public Transportation

Taking the bus, train or ferry can simplify your trip by eliminating the need to double back to your start point or to make special travel arrangements. Public transportation may also be useful during bad weather or in difficult situations.

Many locations along the ECG are easily accessible by transit. As with the majority of the ECG, the route generally follows the AMTRAK east coast corridor. There are also numerous NJ TRANSIT train and bus routes, as well as ferry terminals with service to New York City. See the maps and directions for details throughout the NJ ECG alignment. For mass transit schedules and bike access information contact:

Bus, train: www.njtransit.com or call 800.772.2222

Train: www.amtrak.com or call 800.USA.RAIL ~ 800.872.7245

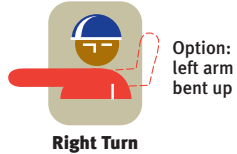
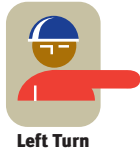
PATH train: www.panynj.gov/path or call 800.234.PATH

Ferry: www.nywaterway.com or call 800.533.3779

Navigating the road

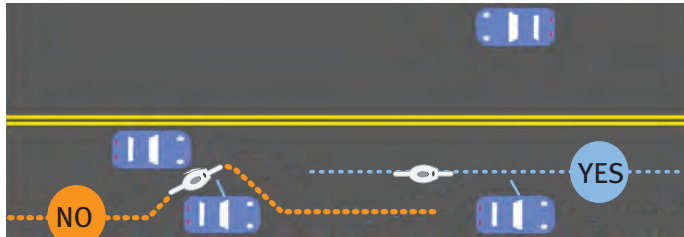
Use hand signals in advance of your turn

Be predictable. Let drivers know your intentions.



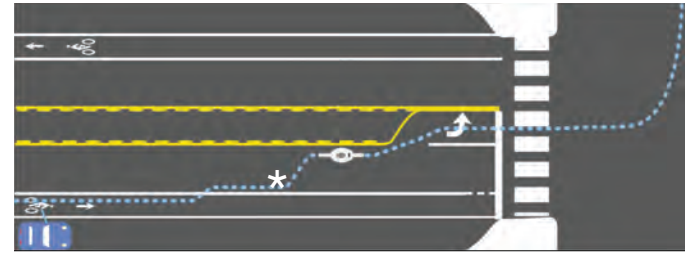
Ride in a straight line

Avoid weaving in between lanes. Drivers cannot position themselves to pass if they cannot predict your behavior.

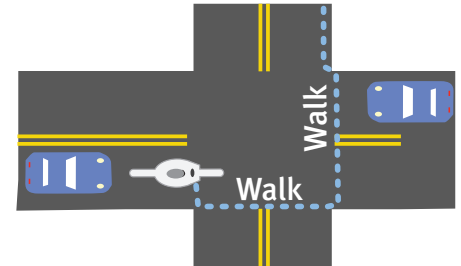


Make a left turn: Two ways

- While riding, turn left from the far left lane.



- Walk the bike across the intersection.



Map Legend and Cue Sheet Directions

- Steep grade ↘
- On-Road Route
 - Alt. On-Road
 - Off-Road Route
 - Future Route
 - Future On-road
 - Take PATH Train
 - Connecting Trail
 - Interstate
 - Major road
 - Road
 - Rail
 - Township Line
 - Map Overlap

Transportation

- Rail Station
- Key Bus Stop
- Ferry Terminal
- Gas Station
- Bike Trail
- Canoe Access
- Railroad Xing

Parks & Cultural

- Parking
- Cultural Site
- Scenic View
- Campground
- Playground
- Hiking Trail
- Picnic
- Wildlife Mgmt Area

Services

- Restrooms
- Restaurant
- Bike Shop
- ATM/Bank
- Lodging
- Pharmacy
- Convenience Store
- Grocery Store
- Pub/Inn
- Hospital

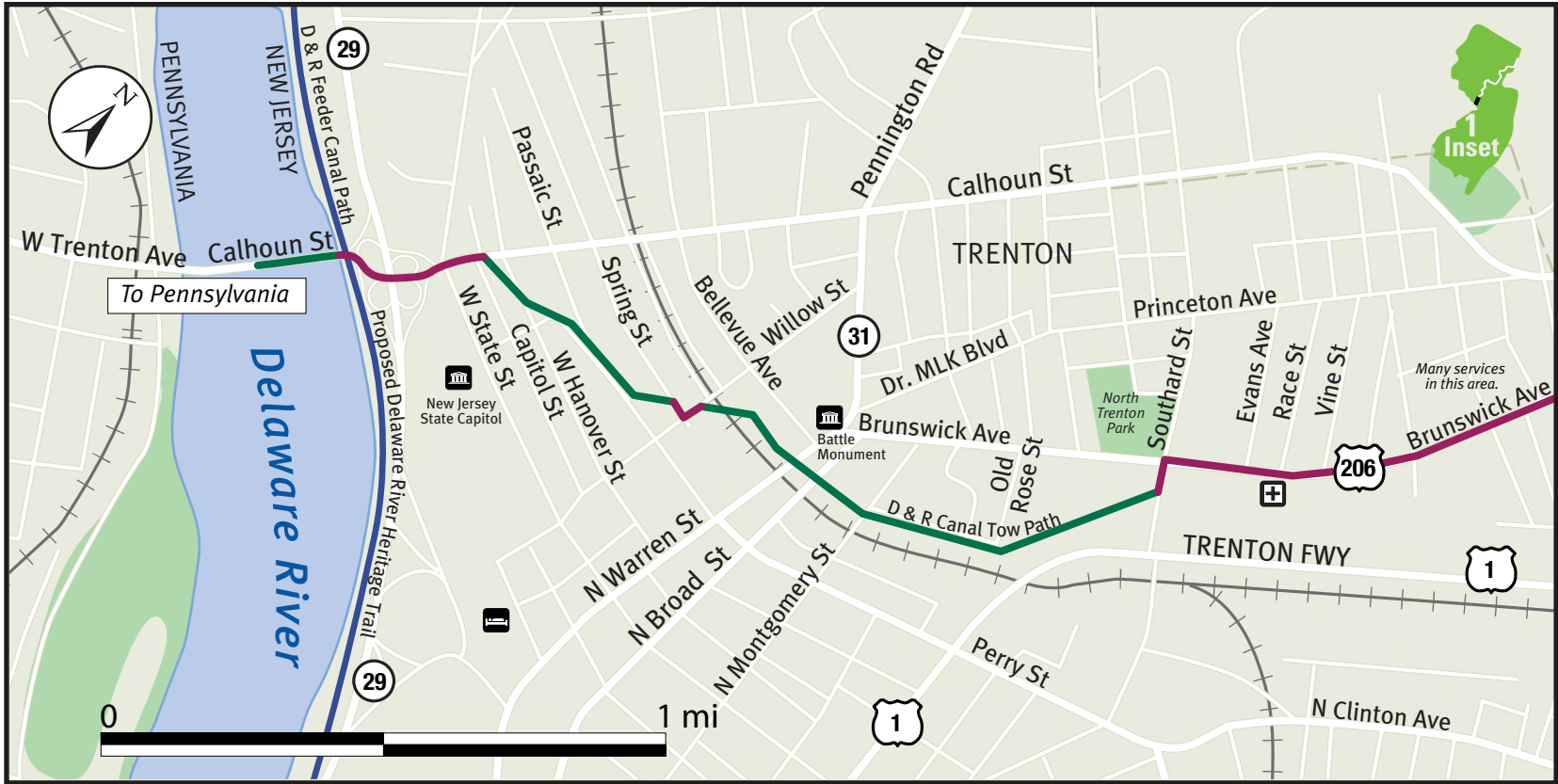


- Park/Natural Area
- Universities/Institutions
- Rivers and Lakes



Cue Sheet Directions Shaded directions indicate path alignment

- | | | | | | |
|----|------------|----|-------------|----|-------------------|
| R | Turn Right | BL | Bear Left | S | Continue Straight |
| L | Turn Left | QR | Quick Right | WR | Wide Right |
| BR | Bear Right | QL | Quick Left | WL | Wide Left |



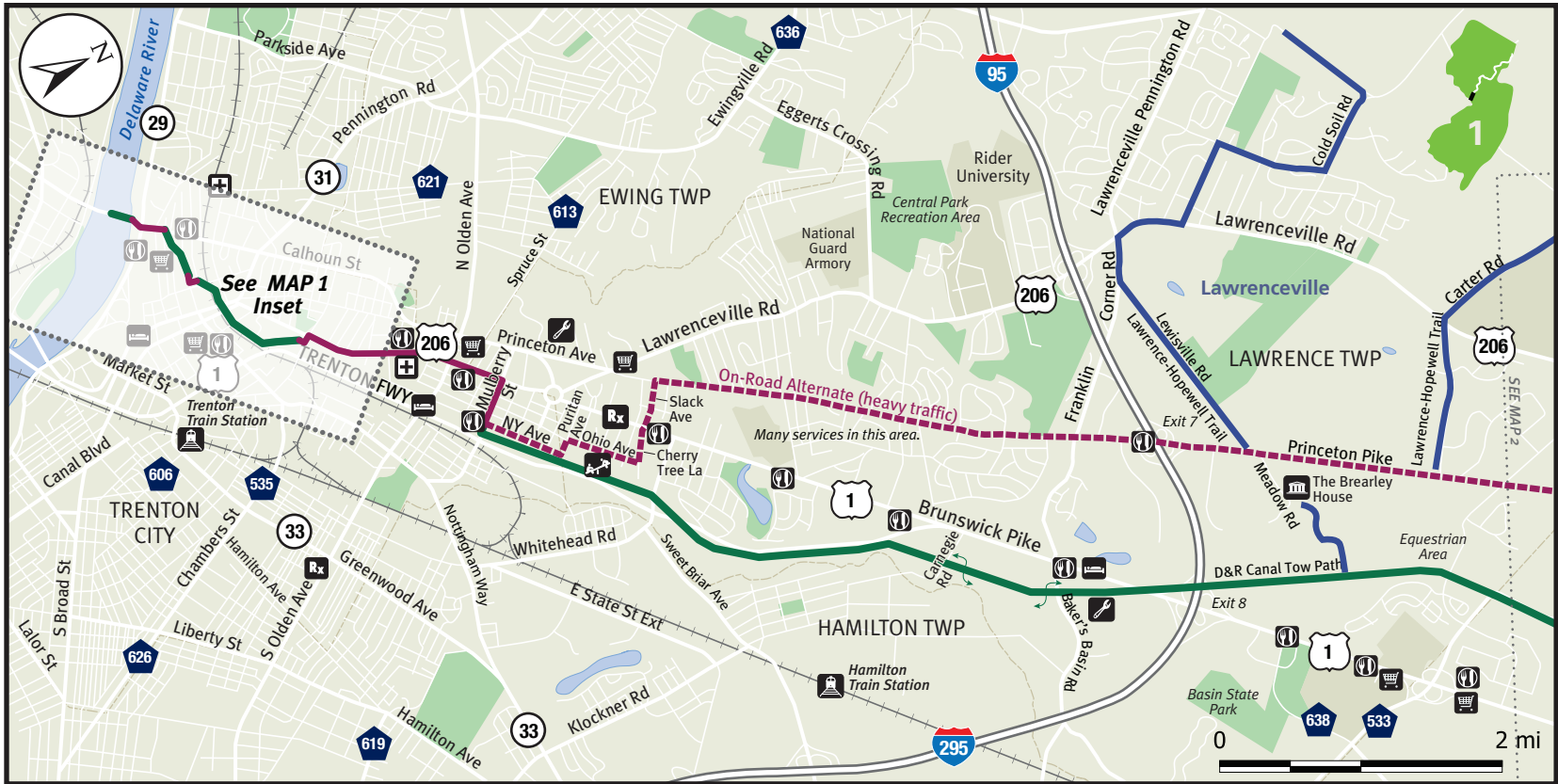
To New York

Starting Point: Calhoun Street Bridge

At	Go	Onto	For	Travel Information
0.0		Calhoun St Bridge	0.0	Walk on sidepath over bridge
0.0	BL	Calhoun St	0.0	Towards Rt 29 North sign
0.0	BL	Calhoun St	0.1	Past Rt 29 North
0.1	S	Calhoun St	0.2	Right/south 1.5 miles to train
0.3	R	D&R Canal Tow Path	0.1	Turn right before canal bridge
0.4	S	D&R Canal Tow Path	0.2	Use crosswalk, cross W. Hanover St
0.6	S	D&R Canal Tow Path	0.1	Cross Passaic St at crosswalk
0.7	R	Spring St	0.0	Follow canal bridges
0.7	QL	Willow St	0.0	Follow canal bridges
0.7	R	D&R Canal Tow Path	0.2	
0.9	S	D&R Canal Tow Path	0.1	Cross Rt 31 /US 206/ N. Warren St
1.0	S	D&R Canal Tow Path	0.1	Cross N. Broad St, L to Battle Monument
1.1	S	D&R Canal Tow Path	0.4	Cross N. Montgomery St
1.5	L	Southard St	0.1	
1.6	R	Brunswick Ave	1.1	Many services & hospital

To Trenton

At	Go	Onto	For	Travel Information
76.5	L	Southard St	0.1	
76.6	R	D&R Canal Tow Path	0.2	Onto path
76.8	S	D&R Canal Tow Path	0.2	Cross bridge
77.0	S	D&R Canal Tow Path	0.1	Cross N. Montgomery St
77.1	S	D&R Canal Tow Path	0.1	Cross N. Broad St
77.2	S	D&R Canal Tow Path	0.2	Cross Rt 31 /US 206/ N. Warren St
77.4	L	Willow St	0.0	Follow canal bridges
77.4	QR	Spring St	0.0	Follow canal bridges
77.4	L	D&R Canal Tow Path	0.1	Cross next to parking lot
77.5	S	D&R Canal Tow Path	0.2	Cross Passaic St at crosswalk
77.7	S	D&R Canal Tow Path	0.1	Cross W. Hanover St at crosswalk
77.8	L	Calhoun St	0.2	Cross W. State St; use caution
78.0	BL	Calhoun St Bridge	0.1	Walk on sidepath over bridge
78.1		Calhoun St Bridge	0.0	Gateway to Pennsylvania ECG



See MAP 1 Inset

On-Road Alternate (heavy traffic)

Many services in this area.

SEE MAP 2



To New York

At	Go	Onto	For	Travel Information
2.7	R	Mulberry St	0.2	Begin alternative on-road route
2.9	L	D&R Canal Tow Path	1.1	
4.0	S	D&R Canal Tow Path	1.7	Cross Whitehead Rd, left to ice cream
5.7	R/QL	Carnegie Rd	0.7	Cross bridge to south side of canal
6.4	L/QR	Baker's Basin Rd	0.4	Cross to north side of canal
6.8	S	D&R Canal Tow Path	0.4	Cross US 1 - bike shop to north
7.2	S	D&R Canal Tow Path	1.6	Cross under I-95
8.8	S	D&R Canal Tow Path	2.6	Cross CR 533/Quaker Bridge Rd

On-Road Alternate Route - Starting Point: Mulberry St -----

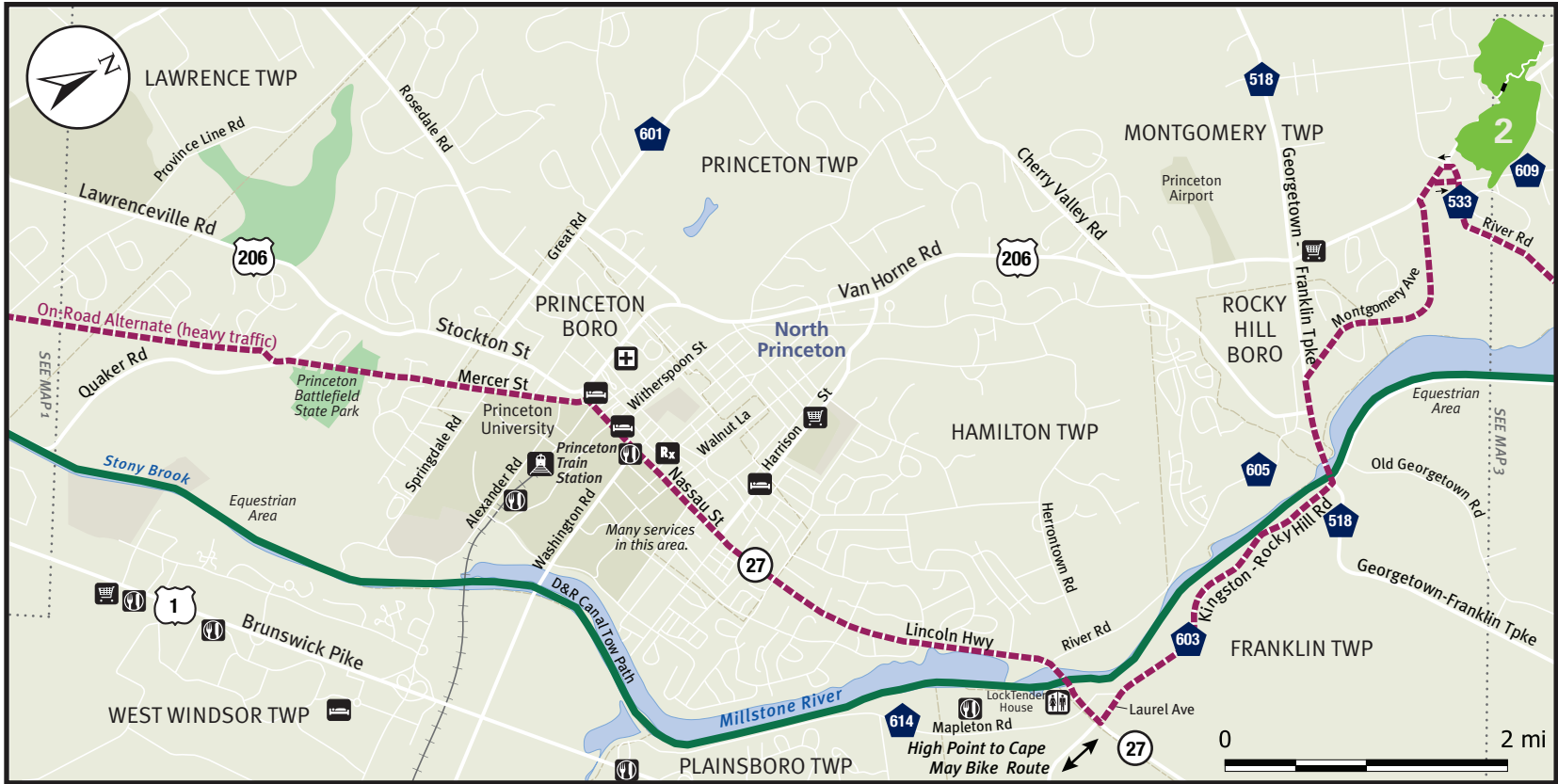
2.8	L	New York Ave	0.5	
3.3	L	Puritan Ave	0.1	
3.4	R	Ohio Ave	0.4	First right (no street sign)
3.8	L	Cherry Tree La	0.2	
4.0	R/QL	Continue on Slack Ave	0.2	Diagonal across US 1
4.2	R	Princeton Pike	3.0	
7.2	S	Princeton Pike	7.4	Cross I-295 - caution ramps, name changes to Mercer St in Princeton

To Trenton

At	Go	Onto	For	Travel Information
69.3	S	D&R Canal Tow Path	1.6	Cross CR 533/Quaker Bridge Rd
70.9	S	D&R Canal Tow Path	0.4	Cross under I-95
71.3	S	D&R Canal Tow Path	0.4	Cross US 1
71.7	L/QR	D&R Canal Tow Path	0.7	Cross to south side of canal at CR 546/Baker's Basin Rd
72.4	R/QL	D&R Canal Tow Path	1.7	Cross to north side of canal at Carnegie Rd
74.1	S	D&R Canal Tow Path	1.1	Cross Whitehead Rd
75.2	R	Mulberry St	0.2	Exit path onto road
75.4	L	CR 622/Brunswick Ave/US 206	1.1	Fishing store, deli/grocery, pharmacy

On-Road Alternate Route -----

80.0	S	Princeton Pike	3.0	Cross I-295 - caution ramps
83.0	L	Slack Ave	0.2	
83.2	S	Cherry Tree La	0.2	Diagonal across US 1
83.4	R	Ohio Ave	0.4	Park on left
83.8	L	Puritan Ave	0.1	
83.9	R	New York Ave	0.5	
84.4	R	Mulberry St	0.2	Match back to "main alignment"
84.6	L	CR 622/Brunswick Ave/US 206	1.1	Fishing store, deli/grocery, pharmacy



2

Many services in this area.

High Point to Cape May Bike Route

SEE MAP 1

SEE MAP 3

To New York

At	Go	Onto	For	Travel Information
11.4	S	D&R Canal Tow Path	0.5	Cross Alexander St
11.9	S	D&R Canal Tow Path	0.7	Cross Washington Rd
12.6	S	D&R Canal Tow Path	0.6	Cross Harrison St
13.2	S	D&R Canal Tow Path	1.6	Mercer County / Middlesex County
14.8	S	D&R Canal Tow Path	0.4	Carnegie Lake on left
15.2	S	D&R Canal Tow Path	0.3	Middlesex County / Somerset County
15.5	S	D&R Canal Tow Path	1.5	Cross Rt 27
17.0	S	D&R Canal Tow Path	3.0	Cross CR 518/Georgetown-Franklin Tpke

On-Road Alternate Route

14.6	R	Rt 27	3.1	Downtown Princeton, Kingston Lock, D&R Canal/ ECG off-road
17.7	L	CR 603/Laurel Ave	1.2	George Washington's Rockingham HQ Name changes to Kingston-Rocky Hill Rd
18.9	L	CR 518/G'town-Franklin Tpke	0.1	Restroom at trailhead, parking lot
19.0	S	CR 518/Washington St	0.5	
19.5	R	Montgomery Ave	1.5	Restroom, pub
21.0	R	US 206	0.1	Montgomery Gallery
21.1	R	CR 609/Bridgepoint Rd	0.1	
21.2	R	CR 533/River Rd	7.9	

To Trenton

At	Go	Onto	For	Travel Information
61.1	S	D&R Canal Tow Path	1.5	Cross CR 518/Georgetown-Franklin Tpke
62.6	S	D&R Canal Tow Path	0.3	Cross Rt 27
62.9	S	D&R Canal Tow Path	0.4	Somerset County / Middlesex County
63.3	S	D&R Canal Tow Path	1.6	
64.9	S	D&R Canal Tow Path	0.6	Middlesex County / Mercer County
65.5	S	D&R Canal Tow Path	0.7	Cross Harrison St
66.2	S	D&R Canal Tow Path	0.5	Cross Washington Rd
66.7	S	D&R Canal Tow Path	2.6	Cross Alexander St

On-Road Alternate Route

66.0	L	US 206	0.2	Montgomery Gallery
66.2	L	Montgomery Ave	1.5	Restroom, pub
67.7	L	CR 518/Washington St	0.5	
68.2	S	CR 518/G'town-Franklin Tpke	0.1	Restroom at trailhead, parking lot
68.3	R	CR 603 Kingston-Rocky Hill Rd	1.2	Rockingham historic site up road
69.5	R	Rt 27/Lincoln Hwy	3.1	D&R Canal/ ECG off-road, Kingston Lock, Downtown Princeton
72.6	L	CR 583/Mercer St	7.4	Turn before US 206, name changes to Princeton Pike



To New York

At	Go	Onto	For	Travel Information
20.0	S	D&R Canal Tow Path	3.5	Cross Griggstown Causeway
23.5	S	D&R Canal Tow Path	2.0	Blackwells Mills Rd
25.5	S	D&R Canal Tow Path	2.0	CR 514 Amwell Rd

On-Road Alternate Route

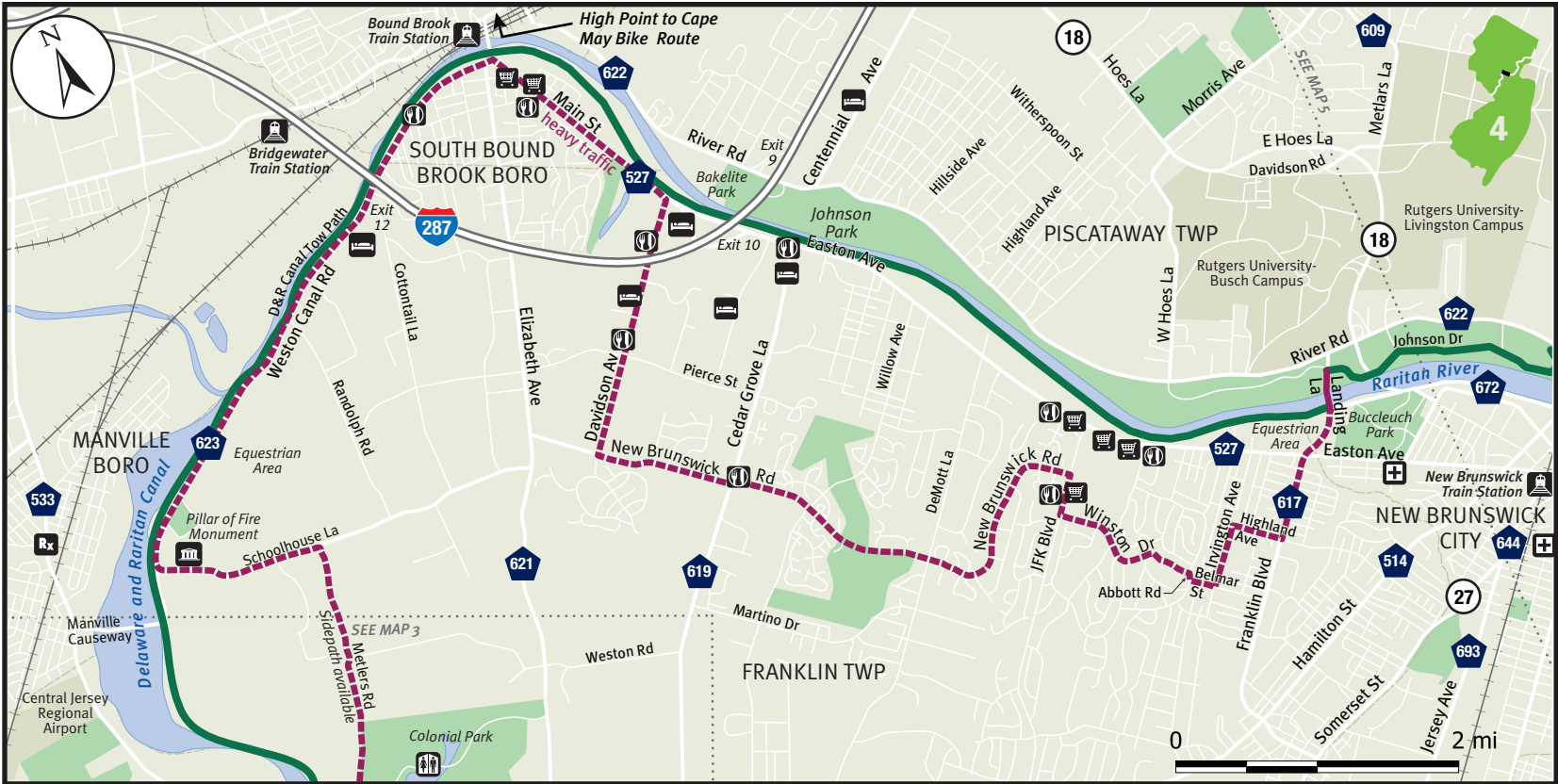
29.1	S	CR 533/Main St	0.2	
29.3	R	CR 514/Amwell Rd	0.7	
30.0	L	Metlers Rd	1.6	Pass through Colonial Park; bathrooms

To Trenton

At	Go	Onto	For	Travel Information
52.6	S	D&R Canal Tow Path	2.0	Cross CR 514/Amwell Rd
54.6	S	D&R Canal Tow Path	3.5	Cross Blackwells Mills Rd
58.1	S	D&R Canal Tow Path	3.0	Cross Griggstown Causeway

On-Road Alternate Route

57.2	R	CR 514/Amwell Rd	0.7	Cross Bridge over canal
57.9	L	CR 533/Main St	0.2	Name changes at CR 650
58.1	S	CR 533/River Rd	7.9	



To New York

At	Go	Onto	For	Travel Information
27.5	S	D&R Canal Tow Path	0.7	Manville Causeway
28.2	S	D&R Canal Tow Path	2.9	Pillar of Fire
31.1	S	D&R Canal Tow Path	5.1	Cross S. Main St in South Bound Brook
36.2	L	Landing La Bridge (narrow)	0.1	Narrow travel lanes, use sidewalk
36.3	S	Landing La	0.1	Cross to right side of road
36.4	R	Johnson Dr	0.1	
36.5	S	Johnson Dr sidepath	1.1	

On-Road Alternate Route -----

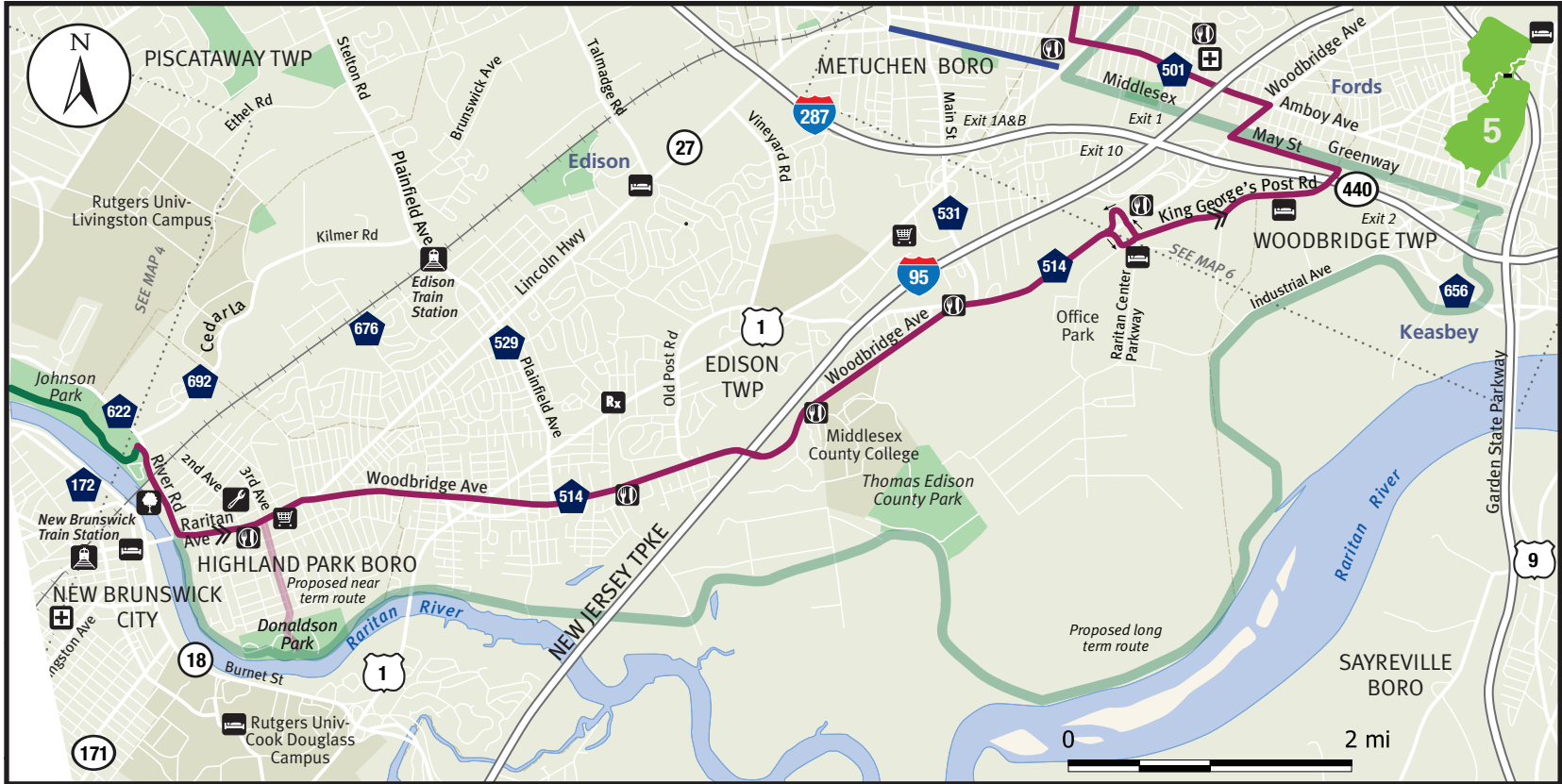
31.6	L	Schoolhouse La	0.7	
32.3	R	CR 623/Weston Canal Rd	3.4	Hotel
35.7	WR	Main St (CR 527)	1.2	
36.9	R	Davidson Ave	1.4	Busy road
38.3	L	New Brunswick Rd	0.8	
39.1	L/QR	Cedar Grove La	2.4	Continue on New Brunswick Ave
41.5	R	JFK Blvd	0.2	Busy road
41.7	L	Winston Dr	0.8	
42.5	R	Abbott/Appleman Rd	0.1	At yield sign
42.6	QL	Belmar Ave	0.1	
42.7	L	Irvington Ave	0.3	
43.0	R	Highland Ave	0.3	
43.3	L	CR 617/Franklin Blvd	0.5	Cross CR 527 - use caution
43.8	S	Landing La	0.5	
44.3	R	Johnson Dr	0.1	
44.4	S	Johnson Dr sidepath	1.1	Match back to "main alignment"

To Trenton

At	Go	Onto	For	Travel Information
42.5	L	Johnson Dr side path	1.2	Under Amtrak and Rt 18 bridge
43.7	L	Landing La	0.1	Narrow travel lanes
43.8	S	Landing La Bridge (narrow)	0.1	Cross Landing La Bridge, use sidewalk
43.9	R	D&R Canal Tow Path	5.1	Cross S. Main St in South Bound Brook
49.0	S	D&R Canal Tow Path	2.9	Pillar of Fire
51.9	S	D&R Canal Tow Path	0.7	Manville Causeway

On-Road Alternate Route - Starting Point: Landing Lane Bridge -----

43.4	S	Landing La/ Franklin Blvd	0.5	Name changes at Easton Ave
43.9	R	Highland Ave	0.3	
44.2	L	Irvington Ave	0.3	
44.5	R	Belmar Ave	0.1	No street sign
44.6	R	Abbott Rd	0.1	
44.7	QL	Winston Dr	0.8	
45.5	R	JFK Blvd	0.2	
45.7	L	New Brunswick Rd	2.4	Cross DeMott La
48.1	L/QR	Cedar Grove La	0.8	Continue on New Brunswick Rd
48.9	R	Davidson Ave	1.4	Hotels and restaurants
50.3	L	Easton Ave	1.2	
51.5	L	CR 623/Canal Rd	3.4	Do not cross bridge
54.9	L	Schoolhouse La	0.7	
55.6	R	Metlers Rd	1.6	Colonial Park, well water & bathrooms

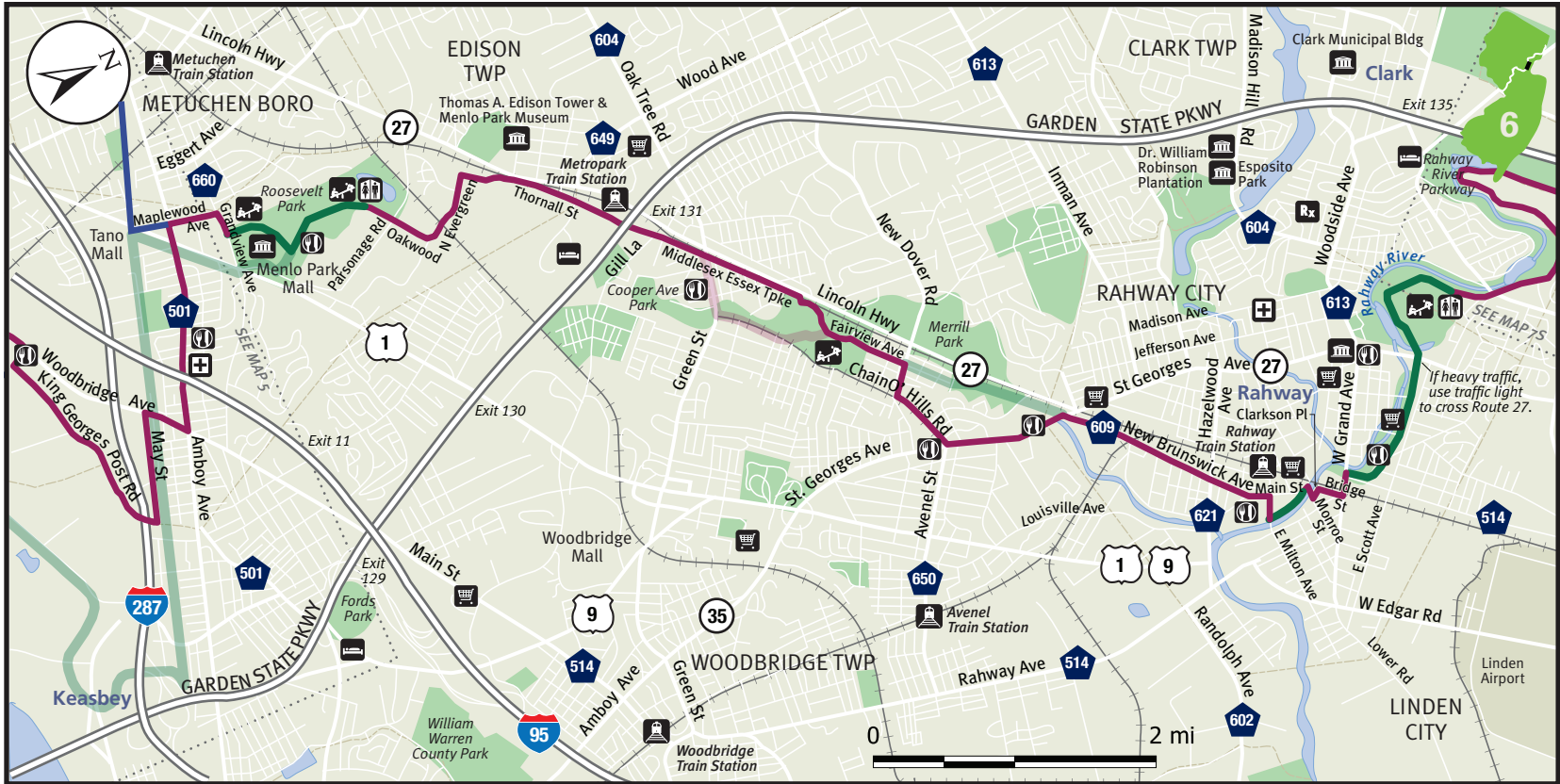


To New York

At	Go	Onto	For	Travel Information
37.6	S	Johnson Dr sidepath	0.4	Cross under Amtrak & Rt 18
38.0	R	River Rd (path and road)	0.1	Use sidepath until it narrows at bus stop
38.1	L	Rt 27/Raritan Ave	0.7	Bike shop on left, grocery and pharmacy
38.8	BR	Woodbridge Ave (CR 514)	4.8	Turn at Doughboy Monument
43.6	R	Raritan Center Parkway	0.2	Follow Raritan Center signs
43.8	L	King Georges Post Rd	1.3	Hotels; wide and busy intersection
45.1	L	May St	0.5	Parallel to Middlesex Greenway
45.6	R	Woodbridge Ave (CR 514)	0.2	
45.8	L	Amboy Ave	1.1	
46.9	R	Maplewood Ave	0.3	Tano Mall on left (food)

To Trenton

At	Go	Onto	For	Travel Information
33.1	L	CR 501 W/Amboy Ave	1.1	Caution! Wide intersection
34.2	R	Woodbridge Ave (CR 514)	0.2	
34.4	L	May St	0.5	Parallel to Middlesex Greenway
34.9	R	King Georges Post Rd	1.3	Pass Royal Albert's Palace on left
36.2	R	Raritan Center Parkway	0.3	Hotels, wide and busy intersection
36.5	S	Woodbridge Ave (CR 514)	4.8	Ramp loops under, then onto Woodbridge Ave
41.3	BL	Rt 27/Raritan Ave	0.7	At Doughboy Monument; H.P. Cyclery Bike Shop on left at 4th Ave
42.0	R	River Rd	0.1	Cross River Rd to far side path
42.1	S	River Rd sidepath	0.4	Parallel River Rd

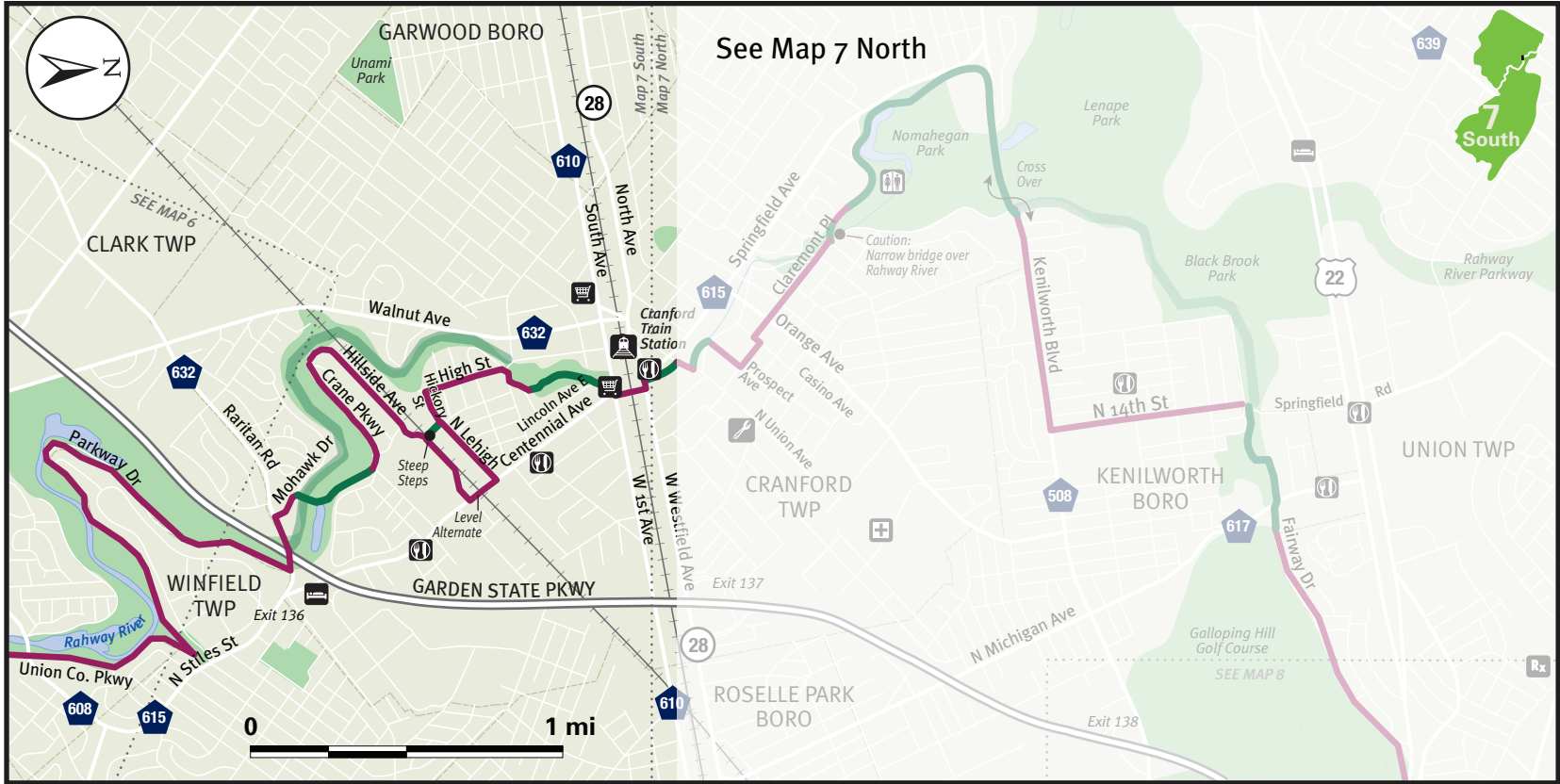


To New York

At	Go	Onto	For	Travel Information
47.2	R	Grandview Ave	0.1	
47.3	L	Pine Dr side path	0.4	Use Roosevelt Park side path on left
47.7	L	Roosevelt Dr side path	0.5	Cross Maple Ave
48.2	R	Oak Dr/park roadway	0.1	Cross parking lot, level playing field
48.3	L	Oakwood Rd	0.4	Name changes at bend in road
48.7	L	Evergreen Rd	0.4	
49.1	R	Thornall St	0.6	Metropark Station
49.7	S	Middlesex Essex Tpke	2.0	Through Merrill Park
51.7	R	New Dover Rd	0.2	
51.9	L	Chain O' Hills Rd	0.4	
52.3	L	St. Georges Ave	0.6	Busy Road, Middlesex/Union County border
52.9	R	New Brunswick Ave	1.1	
54.0	BL	Main St	0.1	
54.1	R	E. Milton Ave	0.1	
54.2	L	Paved path	0.2	
54.4	R	Monroe St	0.1	
54.5	L	Clarkson Pl	0.1	
54.6	R	Bridge St	0.2	
54.8	L	E. Grand St	0.2	Cross Elizabeth Ave
55.0	R	Paved path	1.0	Cross Rt 27 at traffic light to east
56.0	BR	Rahway River Park Rd	0.7	In park, keep left on path
56.7	BR	Rahway River Park Rd	0.9	Stay on Park Rd, cross Valley Rd

To Trenton

At	Go	Onto	For	Travel Information
23.3	BR	Rahway River Park Rd	0.7	Paved path near road around lake
24.0	BR	Rahway River Park Rd	1.0	Cross Rt 27/St Georges Ave at traffic light to East
25.0	L	W. Grand St	0.2	Cross Elizabeth, go under RR trestle
25.2	R	Bridge St	0.2	
25.4	L	Clarkson Pl	0.1	
25.5	R	Monroe St	0.1	
25.6	L	Paved path	0.2	Dock St
25.8	R	E. Milton Ave	0.1	
25.9	L	Main St	0.1	
26.0	BR	New Brunswick Ave	1.1	
27.1	L	St. Georges Ave	0.6	
27.7	R	Chain O' Hills Rd	0.4	
28.1	R	New Dover Rd	0.2	
28.3	L	Fairview Ave	0.3	
28.6	BR	Middlesex Essex Tpke	1.7	Merrill Park, Metropark Station
30.3	S	Thornall St	0.6	Name changes at Wood Ave
30.9	L	Evergreen Rd	0.4	
31.3	BR	Becomes Oakwood Tr	0.4	Name changes at bend in road
31.7	R	Oak Dr/ Park roadway	0.1	Cross parking lot access Rd
31.8	L	Roosevelt Dr side path	0.5	Cross narrow foot bridge
32.3	R	Pine Dr side path	0.4	Toward US 1, cross Birch Dr
32.7	R	Grandview Ave	0.1	Exit road onto path
32.8	L	Onto Maplewood Ave	0.3	Tano Mall on right (food)



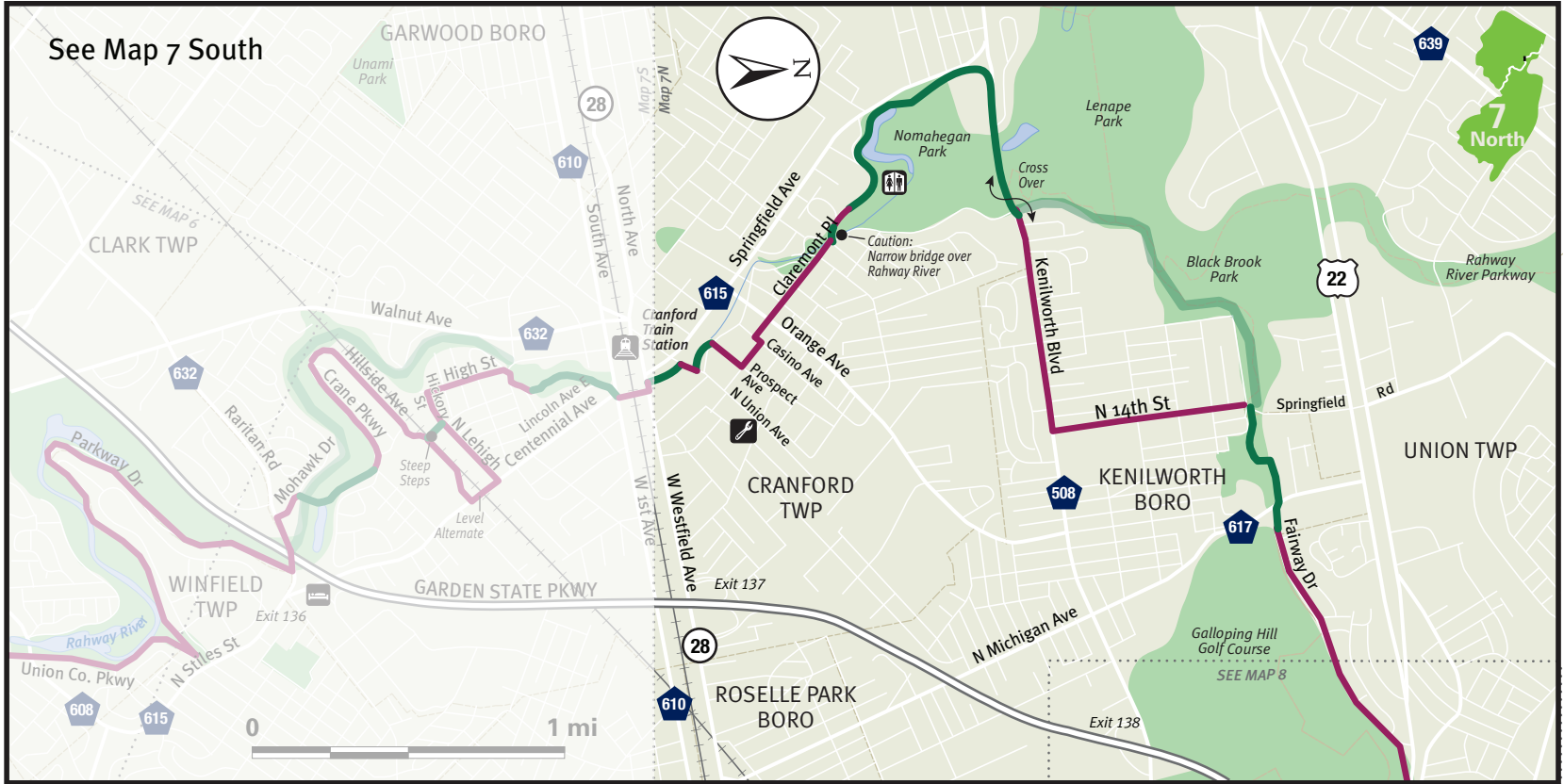
To New York

At	Go	Onto	For	Travel Information
57.6	L	Union County Pkwy	1.8	VERY sharp left at concrete wall
59.4	L	Raritan Rd	0.2	Use traffic light
59.6	R	Mohawk Dr	0.1	Bear right of fork
59.7	R	Paved path	0.3	Cross Rahway River - narrow bridge
60.0	BL	Crane Pkwy	0.9	Becomes Hillside Ave
60.9	L	RR underpass	0.1	Has 4 steps - TO AVOID STEPS - Stay STRAIGHT on Hillside Ave, then left on Centennial Dr, then left on N. Lehigh Ave
61.0	L	N. Lehigh Ave	0.1	Becomes Hickory St
61.1	R	High St	0.3	
61.4	R	Lincoln Ave East	0.2	
61.6	BL	Paved path	0.4	Rahway River on left
62.0	R	South Ave	0.0	
62.0	L	Centennial Ave	0.1	

To Trenton

At	Go	Onto	For	Travel Information
17.9	R	Centennial Ave	0.1	
18.0	R	South Ave	0.0	Cross to far side of South St turn right, QUICK left through stone Gateway
18.0	L	Paved path	0.4	
18.4	R	E. Lincoln Park	0.2	
18.6	R	Lincoln Ave East	0.1	
18.7	L	High St	0.3	
19.0	L	Hickory St	0.1	Becomes N. Lehigh Ave
19.1	R	RR underpass	0.1	Has 4 steps - TO AVOID STEPS - Stay STRAIGHT on Hickory Dr, then right on Centennial Dr, then right on Hillside Ave
19.2	R	Hillside Ave	0.9	Becomes Crane Pkwy
20.1	BR	Paved path	0.3	Cross Rahway River - Narrow Bridge
20.4	L	Mohawk Dr	0.1	
20.5	L	Raritan Rd	0.2	
20.7	R	Union County Pkwy	2.6	Stay right at sharp bend at concrete wall Caution crossing Valley Rd - short sight distance

See Map 7 South

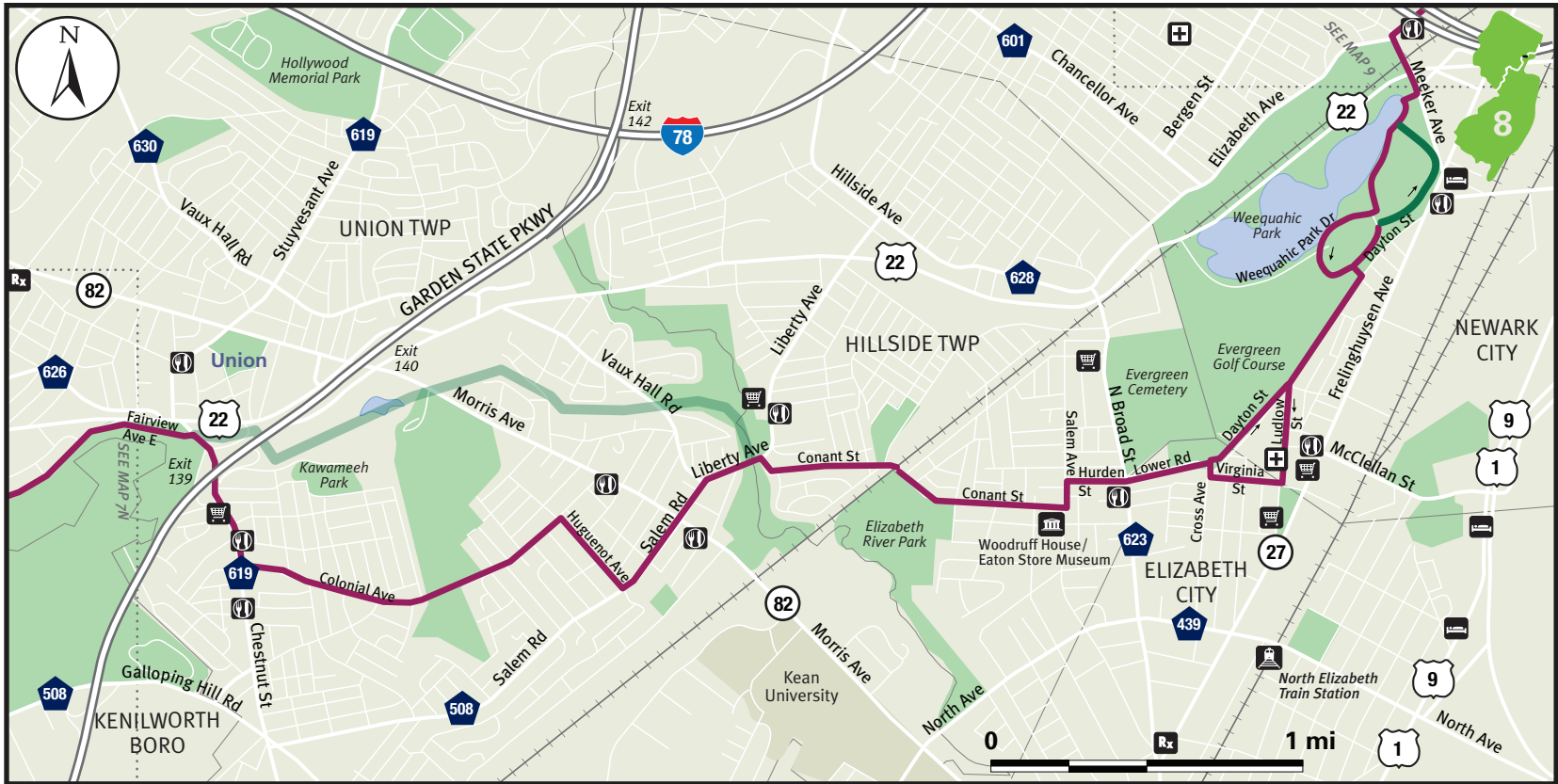


To New York

At	Go	Onto	For	Travel Information
62.1	L	Rt 28 / North Ave	0.0	Cross bridge over river
62.1	R	Paved path (stay left)	0.2	Just west of river
62.3	R	N. Union Ave	0.1	
62.4	L	Paved path	0.1	Through Sperry Park
62.5	S	Prospect Ave	0.2	
62.7	L	Claremont Pl	0.1	
62.8	L/QR	Claremont Pl	0.6	Cross Casino Dr
63.4	BR	Riverside Dr	0.1	
63.5	L	Cross foot bridge	0.1	
63.6	R	Balmiere Pkwy	0.0	
63.6	BR	Paved path	0.3	
63.9	S	Park Dr	0.3	
64.2	BR	Paved path	0.0	Nomahegan Park, toilet
64.2	BR	Paved path	0.7	Route becomes parallel to Kenilworth Blvd
64.9	S	Paved path	0.2	Path from Lenape and Echo Lake Parks
65.1	BR	Kenilworth Blvd	0.5	Kenilworth Blvd after path ends
65.6	L	14th St	0.6	Pass school and ball fields on right
66.2	R	Black Brook Park entrance	0.6	Follow path, cross Michigan Ave
66.8	S	Fairway Dr South	0.8	Enter road from end of cul-de-sac

To Trenton

At	Go	Onto	For	Travel Information
12.0	BL	Fairway Dr South	0.4	At yield sign
12.4	S	At end of Fairway Dr	1.5	Continue on path, cross Michigan Ave
13.9	L	14th St	0.6	
14.5	R	Kenilworth Blvd	0.5	
15.0	BL	Paved path	0.2	Cross Kenilworth Ave at parking area
15.2	S	Paved path	0.2	Path from Lenape and Echo Lake Park
15.4	BL	Paved path	0.4	Route runs parallel to Springfield Ave
15.8		Nomahegan Park Path	0.0	
15.8	S	Park Dr	0.3	
16.1	BR	Paved path	0.0	
16.1	BL	Balmiere Pkwy	0.1	
16.2	L	Cross foot bridge	0.1	
16.3	R	Riverside Dr	0.1	Alternate route intersects on left
16.4	BL	Claremont Pl	0.7	
17.1	L/QR	Claremont Pl	0.1	Cross Casino Dr
17.2	R	Prospect Ave	0.2	
17.4	S	Paved path	0.1	Through Sperry Park
17.5	R	N. Union Ave	0.1	Cross Rahway River
17.6	L	Paved path	0.2	
17.8	L	Rt 28/North Ave	0.1	



To New York

At Go Onto

67.6	BR	Fairway Dr East
67.9	R	Chestnut St (CR 619)
68.9	L	Colonial Ave
70.0	R	Huguenot Ave
70.3	L	Salem Rd
70.9	R	Conant St
71.9	L	Salem Ave
72.1	R	Hurden St
72.3	L	North Broad St
72.4	QR	Lower Rd
72.4	R	Cross Ave
72.5	L	Cross Ave
72.8	BL	Dayton St
73.4	L	Weequahic Park Entrance Rd
73.7	R	Park roadway
73.9	R	Side path
74.2	R	Park roadway
74.3	L	Meeker Ave
74.5	R	Elizabeth Ave

For Travel Information

0.3	At fork
1.0	Heavy traffic location, use caution Garden State Parkway ramps, no sidewalks Cross Washington St
1.1	Cross Washington St
0.3	
0.6	Name changes to Liberty Ave
1.0	No sidewalk, cross under RR tracks, bathrooms
0.2	
0.2	
0.1	
0.0	
0.1	Cemetery on left
0.3	At flagpole (cemetery on left)
0.6	Union County / Essex County
0.3	Across from Foster St
0.2	Follow one-way park roadway, keep lake on your left
0.3	Pass ball fields; follow until it meets up with park roadway
0.1	You will be going against traffic
0.2	Exit Park; go under railroad tracks
0.2	

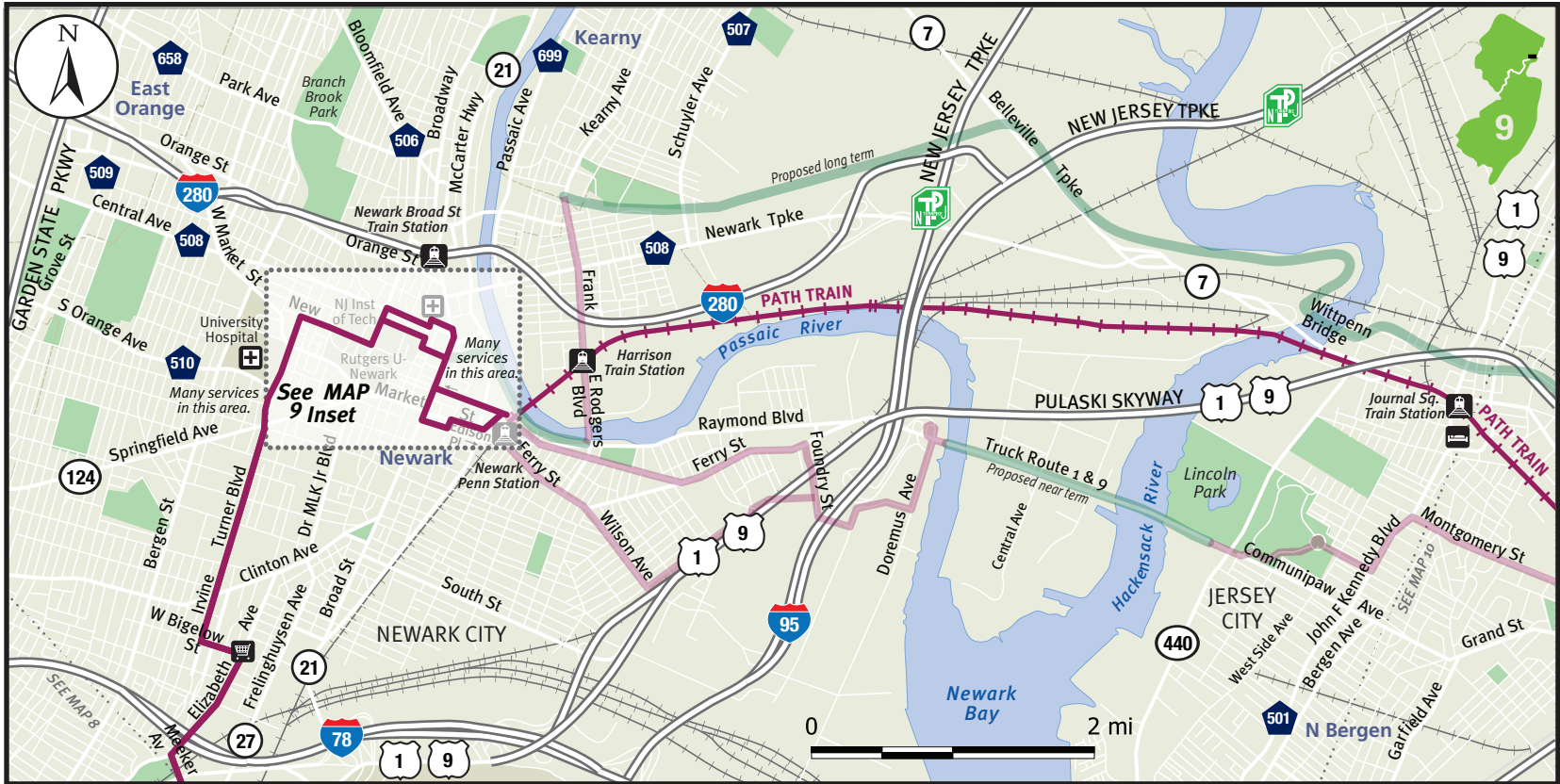
To Trenton

At Go Onto

4.5	L	Meeker Ave
4.7	R	Weequahic Park Entrance
4.7	QL	Park roadway
5.1	R	Park roadway at stop sign
5.3	L	To park exit
5.4	R	Dayton St
5.9	BL	Ludlow St
6.1	R	Virginia St
6.2	R	Cross Ave
6.3	L	Lower Rd
6.6	L	N Broad St (at "T")
6.6	QR	Hurden St
6.8	L	Salem Ave (at "T")
7.0	R	Conant St
8.4	L	Liberty Ave (CR 509)
9.0	R	Huguenot Ave
9.3	L	Colonial Ave at stop sign
10.4	R	Chestnut St (CR 619)
11.7	L	Fairway Dr East

For Travel Information

0.2	Cross under rail line and US 22
0.0	Enter Weequahic Park on park roadway across from Empire St
0.4	Weequahic Lake on right
0.2	Lake on right, circle around fields
0.1	Exit through a parking lot to the left
0.5	
0.2	
0.1	
0.1	
0.3	Cemetery on right
0.0	
0.2	
0.2	
1.4	Elizabeth River Park on left, bathrooms
0.6	Name changes to Salem Ave
0.3	East Coast Greenway Sign
1.1	Revolutionary site on right
1.3	Bank, restaurant, gas station
0.3	Caution - use traffic light



To New York

At Go Onto

74.7	S	Elizabeth Ave
75.1	L	West Bigelow St
75.3	R	Irvine Turner Blvd
76.3	S	Jones St
76.6	S	Norfolk St
76.8	R	Warren St
77.2	L	Dr. Martin Luther King Blvd
77.4	R	Central Ave
77.6	L	Washington St
77.6	R	Washington Pl
77.7	R	Broad St
78.3	L	Edison Pl
78.4	L	Mulberry St
78.5	R	Market St
78.6	L	West Raymond Plaza

For Travel Information

0.4	Under I-78
0.2	
1.0	
0.3	Cross S. Orange Ave
0.2	
0.4	NJ Institute of Technology and Newark City Subway
0.2	Rutgers University, Newark Campus
0.0	Newark Museum ahead
0.1	
0.6	Historic Military Park, NJ Performing Arts Center
0.1	
0.1	
0.1	
0.1	Enter Penn Station on right

To Trenton

At Go Onto

0.0	R	West Raymond Plaza
0.1	L	Raymond Blvd
0.3	WR	Broad St
0.5	L	New St
0.7	R	Washington St
0.8	L	Bleeker St
1.0	L	Dr. Martin Luther King Blvd
1.2	R	Warren St
1.6	L	Norfolk St
1.8	S	Jones St
2.1	S	Irvine Turner Blvd
3.1	L	West Bigelow St
3.9	R	Elizabeth Ave

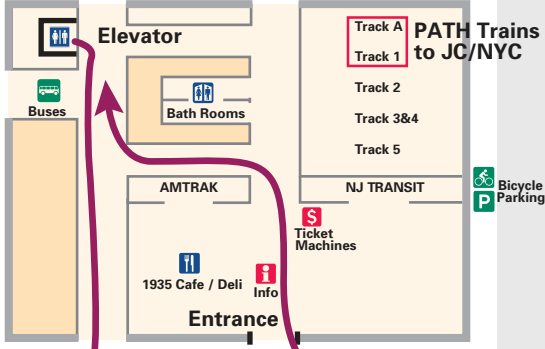
For Travel Information

0.1	Exit station through main doors
0.2	Cross Rt 21 / McCarter Highway
0.2	NJ Performing Arts Center, one block north
0.2	One-way street
0.1	Newark Museum, restaurants
0.2	Rutgers University, Newark Campus
0.2	NJ Institute of Technology straight ahead
0.4	NJ School of Architecture on right Warren School on left
0.2	Cross S. Orange Ave
0.3	Cross Springfield Ave
1.0	
0.8	Stadium on left
0.6	Under I-78

Newark Penn Station



Use Elevator to access tracks



Taxis
RAYMOND PLAZA WEST
Drop Off / Pick Up



Hilton Hotel

ROUTE 21 / Mc CARTER HWY.



To New York

Take PATH Train

from: Newark - Penn Station

to: Jersey City - Exchange Place

78.6

PATH Trains run 24 hours every day, every 15 minutes on weekends, every 30 minutes at night, and more frequently on weekdays

\$1.50 one way fare

Exit train station via escalator at the main terminal (end of Christopher Columbus Dr) or via elevator (Exchange Place, east end of Montgomery St)

AMTRAK, PATH trains, NJ TRANSIT & railway access to Newark Liberty International Airport

Bicycle and pedestrian access to airport is only by train from Penn Station

Most stations are fully accessible, except for peak commuting hour bicycle restrictions, see www.panynj.gov for details

To Trenton

Take PATH Train

from: Jersey City - Exchange Place

to: Newark - Penn Station

0.0

PATH Trains run 24 hours every day, every 15 minutes on weekends, every 30 minutes at night, and more frequently on weekdays

\$1.50 one way fare

Exit station through main doors under the large clock/ Information booth/ticket center Follow signs to Market/Raymond Plaza W - taxi stand area

Hudson Bergen Light Rail connection is located one block west on Hudson St

Bicycle and pedestrian access to airport is only by train from Penn Station

Most stations are fully accessible, except for peak commuting hour bicycle restrictions, see www.panynj.gov for details



To New York

From Jersey City Exchange Place PATH Station to Colgate/Paulus Hook Ferry Terminal (to New York City)

Exit PATH train station
go ~150 yards south to
Colgate/Paulus Hook Pier

Go to Hudson River waterfront
Ferry ticket office is on pier

Take New York Waterway Ferry
to New York East Coast Greenway

See www.panynj.gov for details and updates

To Trenton

From Colgate/Paulus Hook Ferry Terminal to Exchange Place PATH Station

Exit ferry onto pier
R go ~150 yards north to
Exchange Place PATH train
L Montgomery St/ Exchange Pl
Enter PATH train station

Main PATH train station straight ahead

Elevator access to left on Montgomery
To Newark (requires changing trains
at Journal Square)

Route to visit Liberty State Park

From Exchange Place PATH Station to Liberty State Park

At	Go	Onto	For	Travel Information
0.0	S	Christopher Columbus Dr	0.1	Pass Harbor Financial Center
0.1	L	Greene St	0.1	
0.2	R	Montgomery St	0.3	
0.5	L	Marin Blvd	0.1	
0.6	R	Grand Ave	0.5	Cross Grove St
1.1	L	Jersey Ave	0.2	Cross gravel parking lot & wooden bridge
1.3	S	Paved pathway	0.2	
1.5	L	Audrey Zapp Dr side path	0.8	Liberty State Park, ferry to Ellis Island and Statue of Liberty
	L	Ferry to Statue		

From Liberty State Park to Exchange Place PATH Station

At	Go	Onto	For	Travel Information
0.0		Liberty State Park		Historic rail terminal on right
0.0	R	Audrey Zapp Dr	0.8	Paved pathway on right
0.8	R	Cul-de-sac before I-78	0.2	Follow path to cross wooden bridge
1.0	S	Jersey Ave	0.2	Cross dirt parking lot
1.2	R	Grand St	0.5	Cross Grove St
1.7	L	Marin Blvd	0.1	
1.8	R	Montgomery St	0.3	
2.1	L	Greene St	0.1	
2.2	R	Christopher Columbus Dr	0.1	Pass Harbor Financial Center. End at Exchange Place PATH train station

For optional routing to New York via the George Washington Bridge, see Maps 10 and 11.

10 Inset



To New York via the George Washington Bridge from Exchange Place PATH Station

At	Go	Onto	For	Travel Information
0.0	S	Christopher Columbus Dr	0.2	Hotel, restaurants
0.2	R	Hudson River Walkway (HRWW)	0.3	Between Harborside Center and Hyatt
0.5	L	6th St	0.1	Bypass building along waterfront
0.6	R	Pavonia Ave	0.1	Return to HRWW
0.7	S	Newport Pkwy	0.1	
0.8	S	Washington Blvd	0.3	Ferry to right on Pavonia Ave
1.1	L	18th St	0.3	Washington Blvd turns into 18th at bend
1.4	R	Marin Blvd	0.2	
1.6	R	Observer Hwy	0.4	
2.0	L	Washington St	0.2	Lots of restaurants, shops
2.2	R	First St	0.2	Hoboken PATH/Ferry Terminal 1 block right
2.4	L	Sinatra Dr / HRWW	0.5	Access HRWW; Public restrooms
2.9	R	Sinatra Dr	0.1	At soccer field
3.0	S	HRWW	0.2	
3.2	S	Sinatra Dr	0.1	
3.3	R	Hudson St	0.1	
3.4	R	12th St	0.1	Follow and Return onto HRWW
3.5	R/QL	15th St	0.2	
3.7	R	Park Ave	0.1	Go over bridge (use sidewalk)
3.8	R	19th St	0.1	19th St becomes Harbor Blvd
3.9	S	Harbor Blvd	0.4	Access HRWW along waterfront
4.3	R	Port Imperial Blvd	0.2	Narrow roadway in beginning
4.5	R	Regency Pl	0.1	Access the HRWW behind condos

To Trenton

At	Go	Onto	For	Travel Information
7.1	R	Regency Pl	0.1	At end of HRWW after condos
7.2	L	Port Imperial Blvd	0.2	
7.4	L	Harbor Blvd & HRWW	0.6	Double left onto path
8.0	L	Harbor Blvd	0.3	Follow under Park Ave bridge
8.3	L	Park Ave	0.1	Merge onto road - heavy traffic
8.4	L	15th St	0.2	Follow to waterfront
8.6	S	HRWW	0.2	Follow until bend in road
8.8	R	12th St	0.1	Coffee Shop along 12th St
8.9	L	Hudson St	0.1	
9.0	L	Frank Sinatra Dr	0.6	Path segments & skate park on left
9.6	S	HRWW	0.4	Public restrooms, restaurants
10.0	R	Newark St	0.2	
10.2	L	Washington St	0.1	Restaurants along Washington St
10.3	R	Observer Hwy	0.4	
10.7	L	Marin Blvd	0.2	Street sign worn out
10.9	L	18th St	0.3	Turns into Washington Blvd at curve
11.2	S	Washington Blvd	0.2	Hotels, restaurants
11.4	L	Newport Pkwy	0.1	Caution 3 lanes wide - Access HRWW
11.5	S	HRWW	0.6	Access HRWW
12.1	R	Pavonia Ave	0.1	Coffee shop
12.2	L	In front of building	0.1	Continue to waterfront & re-access HRWW
12.3	S	HRWW	0.5	to Exchange PI PATH train station
12.8		Exchange Place PATH Station		



To New York via the George Washington Bridge from Exchange Place PATH Station

At	Go	Onto	For	Travel Information
4.6	S	Arthurs Landing Charthouse Restaurant	0.6	Cross Parking lot and return to waterfront
5.2	S	Port Imperial Ferry Lots	0.4	Follow walkway in front of ferry terminal (bathrooms, café) return back to waterfront
5.6	L	After Bulls/Jacobs Ferry Residential Complex	0.7	
6.3	R	Port Imperial Rd	0.1	
6.4	S	River Rd	1.3	
7.7	R	The Promenade at Cinema	1.0	Follow to waterfront - Access path
8.7	L	Archer St	0.1	Before oil tanks (shopping center and Japanese Steakhouse)
8.8	R	River Rd	0.2	No sidewalk some portions
9.0	R	Binghamton Way	1.0	Enter parking lot and access HRWW
10.0	L	Route 5	0.1	At end of HRWW
10.1	R	River Rd	0.1	
10.2	S	CR 505 / River Rd	1.5	
11.7	End	George Washington Bridge	0.0	

To Trenton

Cross the Hudson River into New Jersey on the George Washington Bridge

At	Go	Onto	For	Travel Information
0.0	L	River Rd	0.1	
0.1	BR	Bigler Rd	0.1	
0.2	L	Main St	0.1	Caution- complex intersection
0.3	R	CR 505/River Rd/Hudson Tr	1.5	Headed south
1.8	L	Route 5/Edgewater Ferry	0.7	Access HRWW
2.5	R	Russell Way	0.1	Exit HRWW at Paddle Boat Restaurant
2.6	L	River Rd	0.2	
2.8	L	Archer St	1.0	Re-access HRWW by Japanese Steakhouse
3.8	R	Mall parking lot	0.2	After mall exit thru parking lot
4.0	L	River Rd	1.3	
5.3	L	Bulls /Jacobs Ferry Complex	1.8	Before Ferry St, re-access HRWW

The New Jersey East Coast Greenway Multi-use Trail Guide

For more information please contact:

**New Jersey Department of Transportation
Bicycle and Pedestrian Program Coordinator**
1035 Parkway Ave.
P.O. Box 600
Trenton, NJ 08625
www.state.nj.us/transportation/commuter/bike

East Coast Greenway Alliance
27 North Road
Wakefield, RI 02879
401.789.4625
www.greenway.org

NJ Committee for the ECG
P.O. Box 10505
New Brunswick, NJ 08906
732.340.1411
www.greenwaynj.org

Delaware & Raritan Canal State Park



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