MORE RESOURCES

Some additional New Jersey and national resources to learn more about bicycling:

- **NJ Bike Walk Coalition:** njbwc.org
  Advocates for safer walking and bicycling through education and community programs. Find local groups on their "Coalition" page.
- **People for Bikes,** NJ page: peopleforbikes.org/locations/new-jersey
  Statewide and national bicycle policy, infrastructure, and advocacy.
- **APBP Bicycle Parking Guidelines:** apbp.org/Publications
  National best practices for planning and designing bicycle parking.
- **League of American Bicyclists:** bikeleague.org
  National education, safety, and advocacy resources.

Resources provided for information purposes only and do not constitute an endorsement from NJDOT.



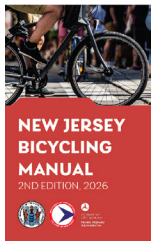
Credit: NV5



FOR MORE INFORMATION

NJDOT: Biking in NJ
dot.nj.gov/transportation/commuter/bike

NJ Bicycle & Pedestrian Resource Center
njbikeped.org



Read the **New Jersey Bicycling Manual, Second Edition**, to learn how to ride comfortably and confidently across settings and situations.

New Jersey Department of Transportation
1035 Parkway Avenue
Trenton, NJ 08625

RESOURCES FOR BICYCLING

ONLINE RESOURCES AND MORE

U.S. Department of Transportation
Federal Highway Administration

NEW JERSEY DEPARTMENT OF TRANSPORTATION (NJDOT)

NJDOT supports safe bicycling statewide through infrastructure planning, safety initiatives, and education. The Department offers a range of resources for both recreational and transportation riders, including safety information and downloadable route guides.

Included on the NJDOT webpage are lists of specific restricted locations for bicycle travel. This includes highway restrictions (dot.nj.gov/transportation/commuter/bike/highways.shtm) and bridge and tunnel restrictions (dot.nj.gov/transportation/commuter/bike/bridges.shtm).

NJDOT also provides a detailed list of bicycling regulations, as defined by Title 39 of the Motor Vehicles and Traffic Regulation laws (dot.nj.gov/transportation/commuter/bike/regulations.shtm). This includes definitions, required equipment, restricted behavior, and details on the Helmet Law (N.J.S.A. 39:4-10.1) and Safe Passing Law (N.J.S.A. 39:4-92.4).

NEW JERSEY BICYCLE AND PEDESTRIAN RESOURCE CENTER

njbikeped.org

- The New Jersey Bicycle and Pedestrian Resource Center (BPRC) is part of the Voorhees Transportation Center (VTC), a national leader in research and development of innovative transportation policy at Rutgers University, and is supported by the New Jersey Department of Transportation.
- The BPRC assists public officials/professionals and the public in creating safer and more accessible places to walk, bicycle, or travel by other low-speed devices through research and education about best practices.

FIND A TRAIL

- Circuit Trail Network: circuittrails.org
- East Coast Greenway: greenway.org
- September 11th National Memorial Trail: 911trail.org
- Delaware and Raritan Canal State Park Trail: nj.gov/dep/parksandforests/parks/drcanalstatepark.html
- The Greenway (working name, 2026): dep.nj.gov/greenway
- Find a Trail (New Jersey Department of Environmental Protection): dep.nj.gov/greenacres/trails-program-find-a-trail

NJ TRANSIT's Transit to Trails resource also provides a user-friendly hub for exploring trails you can reach via NJ TRANSIT trains and buses. njtransit.com/trails



Credit: NV5