

April 25, 2023 | Issue: 149

Dear Readers.

Welcome to this issue of the NJ Walks and Bikes Newsletter, prepared by the New Jersey Bicycle and Pedestrian Resource Center (NJ BPRC) with support from the NJ Department of Transportation. If you would like to learn more about the NJ BPRC, please visit us here.

Join us for the next BPAC Meeting on May 17, 2023

General Meeting, 9:30 am – 11:30 am

Join early at 9:15 am for a virtual coffee chat (BYOC- Bring Your Own Coffee)

The New Jersey Bicycle and Pedestrian Advisory Council (BPAC) is coordinated by the Voorhees Transportation Center on behalf of the New Jersey Department of Transportation.

> BPAC is open to everyone. To participate, please register using the following link:

njbikeped.org/join-the-next-meeting/

After registering, you will receive a confirmation email containing information about joining the meeting.

To learn more about BPAC, please visit the website here. You can also contact James Sinclair at james.sinclair@ejb.rutgers.edu



Where Can I Ride My E-bike in New Jersey?

You might wonder where you can ride your electric bicycle or e-bike in New Jersey. Is it legal to ride your e-bike in traditional bike lanes? Is it okay to take your e-bike on a trail dedicated to non-motorized vehicles? Are you confused about the laws? Many people are. In this article, we will try to clear up some of the confusion about where you can ride your e-bike (class 1 and class 2).

E-bike users in New Jersey have the freedom to ride on bike lanes, shared-use paths, and most roadways, while also being able to park them on the sidewalk as long as it does not obstruct pedestrian movement. However, it is important to note that local rules and regulations may restrict where class 1 and class 2 e-bikes are allowed, such as on certain trails or boardwalks.



Click here to read full article.

City of East Orange Received FY 2022 Thriving Communities Program Funding

On April 7, 2023, U.S. Transportation Secretary Pete Buttigieg announced \$21.15 million in cooperative agreements with four Capacity Builders through the first round of funding for the Thriving Communities Program (TCP). The awarded Capacity Builders will support a total of 64 communities in 42 states, including 6 Tribal Nations, and Puerto Rico.

In New Jersey, the City of East Orange and the City of Orange Township received the TCP funding for FY 2022. The primary challenge faced by both communities is the construction of Interstate 280 and Freeway Drive in the 1960s which has had a detrimental safety, environmental justice, economic, livability, housing, connectivity, and mobility impact on the communities. An existing Freeway Drive & Station Area Safety and Public Realm Study

has recommended reconnecting the north and south segments of the community through improvements to bridges, roadways, and other transportation infrastructure. TCP support will assist the cities in working with state and regional transportation partners to advance a set of improvements to bridges, roadways, and other transportation infrastructure.

Click here to learn more.



Walking During and After the Pandemic

During the early stages of the COVID-19 pandemic, when non-essential businesses were closed and entertainment options were limited, one could observe a noticeable increase in walking activity. Many cities and towns created extra space for people to walk and practice social distancing from others. Our study conducted by Robert B. Noland, Hannah Younes, Leigh Ann Von Hagen, and James Sinclair examined reported walking behavior by conducting a representative survey of New Jersey residents (via a Qualtrics online panel). Data was collected during winter 2020/21 and winter 2021/22, the two winter peaks of the pandemic.

Before the pandemic, about 50% of the survey respondents reported going on walks at least a few times a week. Around 19% of survey respondents increased their walking behavior during the pandemic, 63% made no change, and 18% decreased their walking behavior. Around 42% reported that they plan to go on more walks after the pandemic subsides. These results were relatively consistent across both waves of our survey.

Click here to read the full article.

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VTC 25th Anniversary Symposium

Rutgers University's Alan M. Voorhees Transportation Center (VTC) is celebrating 25 years with a Symposium on May 5, 2023.

The Symposium event will include a keynote address from Kris Kolluri, CEO of the Gateway Development Commission, on the Region's Gateway Project and an exhibit dedication in tribute to Alan M. Voorhees and his legacy, including a tour of the permanent installation of the Alan M. Voorhees exhibit in the Civic Square building that houses the Bloustein School.

VTC is a national leader in the research and development of innovative transportation policy. Located within the Edward J. Bloustein School of Planning and Public Policy at Rutgers, the Center brings to bear the full array of resources of a major research university on transportation issues of regional and national significance. VTC includes the National Transit Institute, which was created by Congress in 1992 to design and deliver training and education programs for the U.S. transit industry.

Register Here

NJ Transit Introduced Bicycle, Scooter and Pedestrian Access Survey

In celebration of Earth Day, NJ TRANSIT is continuing its mission to advance sustainable transportation and environmental responsibility through new and ongoing initiatives. This year, NJ TRANSIT will launch its first ever Bicycle, Scooter and Pedestrian Access Survey. The survey aims to gather information and assist NJ TRANSIT in supporting safer access to public transit for cyclists, scooter riders, and pedestrians.



The survey will be conducted online

at <u>njtransit.com/bikes</u> beginning April 17th and running through the end of National Bike to Work Week, which will be held this year from May 15th – May 21st. Those who complete the survey and provide their contact information will be entered into a drawing for a \$100 gift card.

Click here to take the survey.



A beginner's guide to riding a bicycle later in life

First, don't be afraid of riding a bike. Find a nearby program that teaches adults to ride and the skills to ride in traffic. In the US, a good source of information is the League's website. Type your state and you will find a wealth of information about the Bicycle Friendly America (BFA) program. Listed will be bike shops, clubs, classes, events, and bike instructors in communities throughout your state. Don't overlook your local and state advocacy organizations, which at the grass roots level are working to make their communities safer for cyclists and pedestrians of all ages and abilities.

As we get older, our agility decreases, no matter how physically fit we are. Many manufacturers now offer bicycles that are specific for women, seniors, and those with physical limitations. Consider a tricycle if you find balancing on two wheels a challenge. Riding your bicycle should provide hours of healthy, stress-free, physical activity outdoors that will allow you to enjoy the scenery and the company of friends. Take time to find places to ride that are easy and where you feel safe from traffic. Look online for bike maps of your area and ask your local bike shop for suggestions.

Click here to read the full article.

Overview of Walking Rates, Walking Safety, and Government Policies to Encourage More and Safer Walking in Europe and North America

Walking is the most sustainable means of daily travel for short trip distances and is a key component of the overall transport system. This paper, authored by Ralph Buehler and John Pucher, documents variation in walking rates among countries, cities in the same country, and in different parts of the same city. Their international analysis of official government statistics shows that walking rates are highest for short trips, higher for women than for men, decline with increasing income, and remain constant as age increases.

Click here to read the full article.

NJ Division on Highway Traffic Safety Seeks Input on Driver Behaviors in New Jersey The New Jersey Division on Highway Traffic Safety (NJHTS), through a grant from the National Highway Traffic Safety Administration, seeks public input through a voluntary survey on traffic safety and driving behaviors in New Jersey. The collective results will be used to understand and inform Statewide traffic safety planning. The survey should take about five minutes to complete.

All responses are anonymous, and information provided on driving behaviors will not be used in any way against any individual. No personally identifiable information will be collected as part of this survey.

Click here for participate in the survey.



City of Trenton and DVRPC to Host Our Streets Events

Do you bike, walk, roll, or drive around Trenton? The City of Trenton and the Delaware Valley Regional Planning Commission (DVRPC) want to make getting around safer. They are hosting two events to get your feedback about Trenton's draft bicycle plan, called *Our Streets: A Trenton Bike Plan for All.*

Come to the *Our Streets* events for free food and Mister Softee ice cream; bring your bike for a free tune-up provided by Trenton Cycling Revolution; enter to win bikes and grocery store gift cards; take part in family-friendly art activities provided by Artworks Trenton, and more. Spanish translation will be provided by Latin American Legal Defense and Education Fund (LALDEF).

Everyone is welcome - bring your neighbors and tell the City of Trenton and DVRPC what you think. These events will also include information about Trenton Vision Zero and trails in Trenton.

Stop by: **Tuesday, April 25, from 6-8 pm, at Jennye Stubblefield Senior Center** (301 Prospect St, Trenton NJ, 08618), or **Sunday, May 7, from 1-3 pm, at Samuel Naples Community Center** (611 Chestnut Ave, Trenton NJ, 08611).

Click here to learn more.



Barriers to Bike and E-Scooter Use in Black Communities

Mobility is an essential component of our daily lives — it's how we move around to access jobs, schooling, healthcare, or any of our other fundamental needs. But for Americans that are Black, Indigenous, or people of color (BIPOC), mobility is often "arrested" due to institutionalized structural racism in policy, planning, design, infrastructure, and law enforcement. In the last few years alone, we've seen how "routine" traffic stops can turn deadly for Black drivers, a phenomenon that also extends to traveling by foot, bicycle, or escooter.

The report, titled "<u>Arrested Mobility</u>," shows how these policies aren't just propped up by a small number of bad actors but rather are enshrined in state, local, and county laws in the two largest cities in every state. In addition to the obvious trauma that can make even the most essential trip to the grocery store a fraught affair, these transportation policies limit mobility, opportunity, and access for BIPOC. They also have implications beyond mobility, contributing to adverse social, political, economic, environmental, and health outcomes.

Click here to read more.

BIKE/PED NEWS FEED



Rising cycling, pedestrian deaths the focus of bike infrastructure bill



Jersey City awarded \$8.1M for traffic safety improvements along Summit Avenue



For Cyclists, SUV Crashes Are More Deadly Than Car Crashes



Click here for the complete list of policies

Complete Streets in New Jersey

An up-to-date list of Complete Streets policies in New Jersey

There are currently **174** municipalities and **8** counties with Complete Streets policies in New Jersey.

This brings the total New Jersey population living in municipalities with Complete Streets policies to over 4 million people, or 46% of the population.

To access the most up-todate list of Complete Streets policies adopted in the state, click the button!



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