



# NJ BICYCLE & PEDESTRIAN RESOURCE CENTER

Educate. Encourage. Empower.

January 29, 2024 | Issue: 157

**Dear Readers,**

Welcome to this issue of the NJ Walks and Bikes Newsletter, prepared by the New Jersey Bicycle and Pedestrian Resource Center (NJ BPRC) with support from the NJ Department of Transportation. If you would like to learn more about the NJ BPRC, please visit us [here](#).

## **Join us for the next BPAC Meeting on January 31, 2024**

### **General Meeting, 9:30 am – 11:30 am**

Join early at 9:15 am for a virtual coffee chat (BYOC- Bring Your Own Coffee)

The New Jersey Bicycle and Pedestrian Advisory Council ([BPAC](#)) is coordinated by the Voorhees Transportation Center on behalf of the New Jersey Department of Transportation.

The next BPAC meeting will include two presentations. The first presentation will be on research coming out of Rutgers University about bicycling and walking behaviors during and after the peak of the COVID-19 pandemic. The second presentation will discuss the Delaware Valley Regional Planning Commission's (DVRPC) Burlington County Level of Traffic Stress project.

BPAC is open to everyone.

To participate, please register using the following link:

### **Join the next meeting!**

After registering, you will receive a confirmation email containing information about joining the meeting.

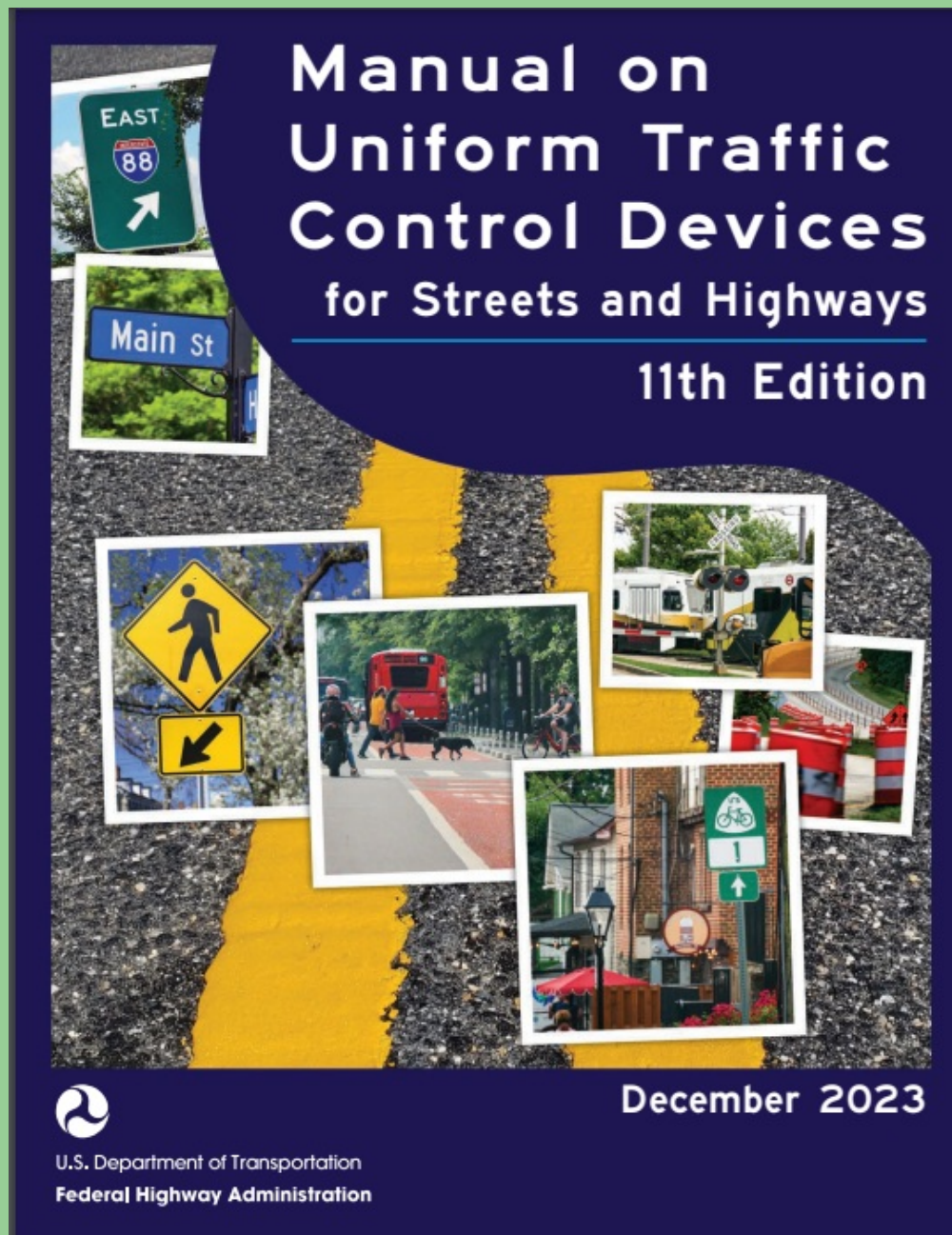
To learn more about BPAC, please visit the [website here](#).  
You can also contact James Sinclair at [james.sinclair@ejb.rutgers.edu](mailto:james.sinclair@ejb.rutgers.edu)

## Unveiling Pandemic-Driven Shifts in Physical Activity

In the wake of the COVID-19 pandemic, research out of the Voorhees Transportation Center (VTC) at Rutgers, The State University of New Jersey, has brought about two studies that explore how physical activity habits have changed in New Jersey. These studies offer insights into pandemic-driven shifts in physical activity. Understanding these behavioral changes can inform urban planning and workplace policies, promoting healthier and more sustainable lifestyles in a post-pandemic era.

[Read the full blog article here.](#)

From our Friends at the NJ Safe Routes Resource Center



**Unveiling the 11th Edition MUTCD: What's New and Why It Matters**

The 11th edition of the Manual on Uniform Traffic Control Devices for Streets and Highways (MUTCD) was released on December 19, 2023. What is the MUTCD? It's the document issued by the Federal Highway Administration (FHWA) that specifies national standards governing all traffic control devices, bringing uniformity to public streets, bikeways, highways, and private roads open to public travel.

The 11th MUTCD edition addresses the evolving challenges of modern traffic and integrates valuable feedback from experts and stakeholders. Some highlights from the new edition include more advanced guidelines for pedestrian and bicyclist safety infrastructure, improved navigational signage, and enhanced and improved standards for traffic control devices.

[Read the full blog article on the Safe Routes Scoop.](#)

[Check out the Safe Routes Scoop.](#)

### PASS ONLY WHEN IT IS SAFE TO DO SO WITHOUT ENDANGERING THOSE SHARING THE ROAD

- 1 Approach with due caution.
- 2 Move over a lane if possible.
- 3 Pass with at least 4 FT safety zone.
- 4 Otherwise, slow to 25 mph and be prepared to stop.



The penalty for violating the law is a \$100 fine (\$500 if bodily injury) and 2 points on your driving record.

[njbwc.org/safepass4nj/](http://njbwc.org/safepass4nj/)  
[#safepass4nj](https://twitter.com/safepass4nj)



### Slow Down. Move Over. Pass with Care and 4 Feet to Spare!

New Jersey's new Safe Passing Law went into effect on March 1st, 2022. With one of the strongest and most comprehensive safe passing laws in the county, New Jersey can better protect vulnerable road users. The new law aims to prevent the near misses, injuries, and deaths that often occur on our streets.

[Learn more and get resources at the NJ Bike & Walk Coalition.](#)



## Are E-Scooter Users More Seriously Injured than E-Bike Users and Bicyclists?

Policy makers are grappling with the advent of a variety of new transportation technologies known as micromobility. These include e-scooters, e-bikes, as well as conventional bicycles. While these modes of travel offer many opportunities for more sustainable mobility there are concerns about the risk of injury, particularly those associated with e-scooters. In New Jersey, conventional bicycle and/or pedestrian-involved crashes make up just 3% of motor vehicle crashes but represent 30% of fatalities (Younes, Noland, Von Hagen, et al., 2023). E-scooters are often perceived as more dangerous than other micromobility modes, and we have begun to examine these issues.

**Do e-scooters lead to more severe injuries than other micromobility modes? Which micromobility injuries are most commonly associated with a motor vehicle? What are some demographic differences related to e-scooter injuries (with equity implications)?**

[Read the full article at New Jersey State Policy Lab.](#)

### THE STREET PROJECT


#### Film Screening and Discussion

Tuesday, February 6, 2024, 4- 6 pm

James Florio Special Events Forum  
Edward J. Bloustein School of Planning and Public Policy

For directions, visit: [bloustein.rutgers.edu/about/facilities](https://bloustein.rutgers.edu/about/facilities)



Register for free at  
[go.rutgers.edu/streetproject](https://go.rutgers.edu/streetproject)  
or use the QR code:



"The Street Project" is a story about humanity's relationship to the streets and global and national efforts to make communities safer.

Join us for a film screening and moderated discussion.

Registration is free, but seats are limited. Light refreshments will be served.



## The Street Project Film Screening and Discussion

"The Street Project" uncovers the truth about a troubling trend: more and more people walking and bicycling are being seriously injured or killed on American roads. The filmmakers engage experts including street historian Peter Norton, city planner Jeff Speck, and urban design expert Mikael Colville-Andersen whose interviews are interwoven with the stories of local champions working to make their communities safer. "The Street Project" is a film that takes viewers on a global journey to discover a better way of doing things.

[Register here.](#)

# REGISTER NOW

## Micromobility 2.0 Smarter Strategies for Safe Travel

### Workshop Topics

- Using digital platforms to reshape cities
- Exploring innovative data collection methods
- Applying technology to advance integrated safety solutions
- Addressing safety & infrastructure
- Testing tools in real-world conditions

**Friday  
March 22  
2024**

James Florio  
Special Events Forum

Edward J. Bloustein School  
of Planning and Public Policy



Funded by the National Science Foundation

### TO REGISTER & VIEW THE AGENDA, VISIT:

[go.rutgers.edu/2024-micromobility-workshop](https://go.rutgers.edu/2024-micromobility-workshop)

or use this QR code:



**RUTGERS  
NEW BRUNSWICK**



National Science Foundation  
WHERE DISCOVERIES BEGIN

## Micromobility 2.0 Workshop: Smarter Strategies for Safe Travel

The Micromobility 2.0 Workshop will be held on Friday, March 22, 2024. The Workshop bridges research and practice surrounding the use of micromobility devices (e-bikes, e-scooters, bicycles, etc.) and how best to address safety, infrastructure, and the use of innovative technology.

Workshop attendees will walk away with a better understanding of:

- The practice and emerging micromobility challenges in New Jersey
- How to use a Vision Zero lens to address safety for all road users
- Innovative technology related to data collection, analysis, prediction, and limitations
- Solutions to safety issues using social, infrastructural, and technological strategies

[Register here.](#)

[Learn more about the workshop here.](#)



## Attention North Jersey Municipalities: Free Complete Streets Technical Assistance Available

The North Jersey Transportation Planning Authority's (NJTPA) [Complete Streets Technical Assistance Program](#) provides free technical assistance to municipalities to complete a specific task related to advancing a Complete Streets initiative in their community. Eligible applicants include municipal governments within the NJTPA's 13-county region comprised of Bergen, Essex, Hudson, Hunterdon, Middlesex, Monmouth, Morris, Ocean, Passaic, Somerset, Sussex, Union, and Warren counties. No direct funding to municipalities is provided.

Towns can apply to receive free technical assistance services focused on bicycle network planning or a corridor/neighborhood complete streets assessment to advance their Complete Streets initiatives. To implement the program, NJTPA partners with Sustainable Jersey and the Alan M. Voorhees Transportation Center (VTC) at Rutgers, The State University of New Jersey. The program is made possible through NJTPA's federal funding from the U.S. Department of Transportation.

[View the December 5 Webinar recording here.](#)

[Learn more and apply at Sustainable Jersey.](#)



## AARP Community Challenge Grant Program

The AARP Community Challenge grant program is part of the nationwide AARP Livable Communities initiative that helps communities become great places to live for residents of all ages. The program is intended to help communities make immediate improvements and jump-start long-term progress. Since the program's debut in 2017, AARP has awarded \$16.4 million through over 1,370 grants. Projects have been completed across all 50 states, Washington, D.C., Puerto Rico and the U.S. Virgin Islands.

There is a public Q&A webinar at 2pm ET on January 31. Applications are due March 6.

[Click here to learn more and register for the webinar at AARP.](#)

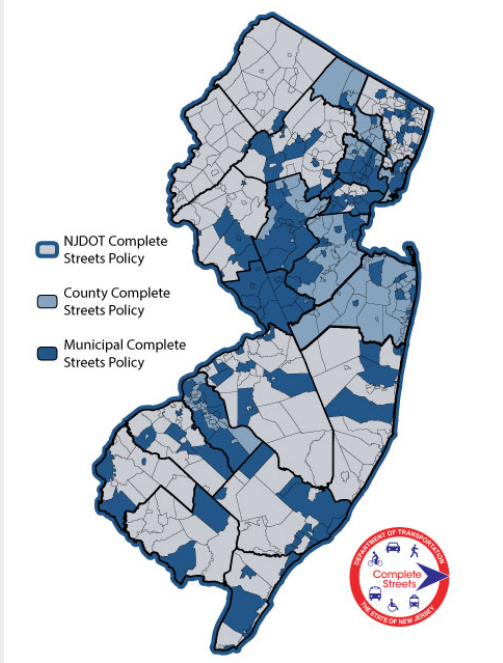


## New PROWAG Guidelines a Major Advance for ADA (and All Pedestrians)

The landmark Americans With Disabilities Act (ADA) was signed into law in 1990, and the changes in the built environment it spawned have made the United States a world leader in enabling access to users with mobility limitations. Design features such as ramps at building entrances, automated doors, and seating areas for wheelchair users in auditoriums and stadiums have become commonplace.

Despite some monumental strides, disability-rights advocates have long argued that there are still many holes in public policy and challenges in the physical landscape. Now a significant category is being addressed with the new ADA and ABA Public Right-of-Way Accessibility Guidelines (PROWAG), filed as a final rule in the Federal Register on September 7. The new guidelines are the culmination of a 24-year process and promise to make American towns and cities safer and more predictable for users of all abilities.

[Read the full article at Strong Towns.](#)



# Complete Streets in New Jersey

*An up-to-date list of Complete Streets policies in New Jersey*

There are currently **176** municipalities and **8** counties with Complete Streets policies in New Jersey.

This brings the total New Jersey population living in municipalities with Complete Streets policies to over 4 million people, or 46% of the population.

To access the most up-to-date list of Complete Streets policies adopted in the state, click the button!

[Click here for the complete list of policies.](#)

**Alan M. Voorhees  
Transportation Center**



[Visit Our Website](#)



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